

MH Information Sheet 3. Very High Risk Handling

High Risk Practices can be defined as 'practices that involve lifting / supporting all or most of the person's weight' and include the Australian Lift, the Bear Hug, Straight Lifting and the Drag Lift.



The alternatives to these lifts are to use Hoists, Standing Aids or sliding sheets. If you are unsure how to use any of this equipment you must let your manager know as soon as possible

Reflect on your own practice and write down alternative handling: