Recovery Bites

Community Food Resources

ALCOHOL AND DRUG RECOVERY SERVICE

Glasgow Community Food Network

www.glasgowfood.net/find-local-food-services

Scan the QR code to take you to an interactive map of the resources available in your area. You will find information on local food banks, free meals, cooking classes, lunch and breakfast clubs, community food shops etc.



Community Fridges

www.communityfridgemap.org.uk

Anyone can take or share food from community fridges and they are a great way of preventing fresh food from going to waste.

Scan the QR code to take you to a map of all the community fridges.



Independent Food Aid Network

www.foodaidnetwork.org.uk/our-members

A UK network of independent food providers.

Scan the QR code to find out more details.

To find out what is available in your local area you can also email: foodsupport@foodaidnetork.org.uk



Community Food Larder

goodfoodscotland.org/meet-our-larders/

Community Food Pantry

www.scottishpantrynetwork.org.uk/locations/



Community based larders and pantries are like small shops that offer food and household items at a discounted price. There is usually a small monthly membership fee of around £1.

Scan the QR code to find out what is local to you.



Glasgow Recovery Communities

Provide a programme of activities including recovery cafes where food and drinks are served. Scan the QR codes to find out how you can benefit from their support.



North West Recovery Network

www.nwrc-glasgow.co.uk



North East Recovery Community

www. northeastrecoverycommunity glasgow.co.uk



South Community Recovery Network

scrn-recovery.co.uk/ cafes-drop-ins/

