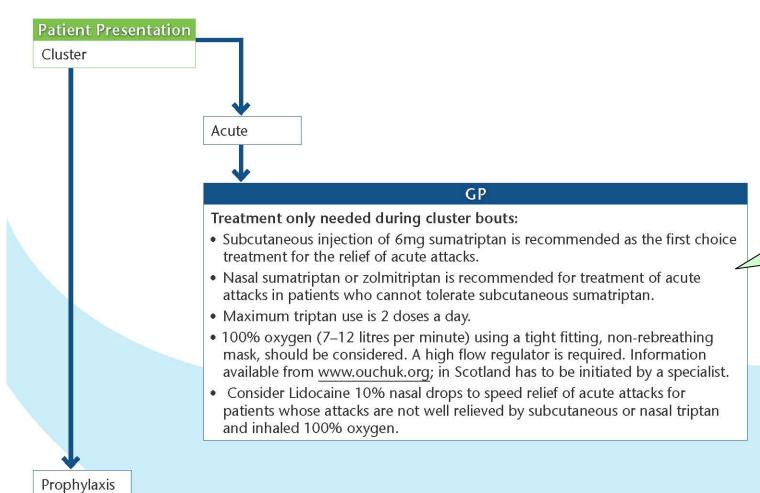
## Neurology - Headache as a new complaint - Adult Patient Assessment Pathway

May 2010





NHSGG&C

Refer all new Cluster Headaches to the Headache Clinic, Neurology Dept, SGH.

In the West of Scotland oxygen treatment is initiated at the headache clinic by a Consultant Neurologist.

GP

- Verapamil 240–960mg daily (slow release preparations can be used) Pre-treatment electrocardiogram and regular ECG monitoring is required 10 days after each dose titration. This is short term prophylaxis during the cluster bout.
- Oral steroids can be useful to abort a cluster bout consider discussing with the local headache/neurology service.
- Greater occipital nerve injection (discuss with headache/ neurology service).

## Patient Support Group

Organisation for the understanding of cluster headache (OUCH) Helpline: 01646 651 979 www.ouchuk.org