



CIVILITY SAVES LIVES Calling it out with Compassion

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AIMS OF CSL CAMPAIGN in NHSGGC



The single biggest factor in how we perform is how we treat each other at work

- To create, enable and maintain positive workplace relationships.
- To promote civil, caring, kind and compassionate interactions to improve workplace culture.
- To be more aware of our own behaviours (positive & negative), and choose ways that value & respect others
- To raise awareness of unprofessional and unproductive behaviours.
- To understand the negative impact that rudeness (incivility) can have.





BACKGROUND



- CSL Co-Founders: Dr Chris Turner and Dr Joe Farmer
- Self-funded collaborative national project
- Research-based
- Raising the power of civility in healthcare
- Importance of respect, professional courtesy, valuing others
- Calling out rude behaviours with compassion and respect
- Growing the grassroots movement & ethos
- Origins in clinical settings, but relevant to all settings and staff groups.

"Civil work environments matter because they reduce errors, reduce stress, improve patient outcomes and quality of work"



CIVILITY IS...



Behaviour that shows respect toward another person, makes them feel valued, contributes to mutual respect, effective communication, team collaboration

Being civil means thinking before we speak & aware of our actions



The requirement for civility increases when the interactions amongst people increase in complexity and frequency

It is demonstrating care, compassion, acts of kindness

Matters to and affects everyone, regardless of role or workplace



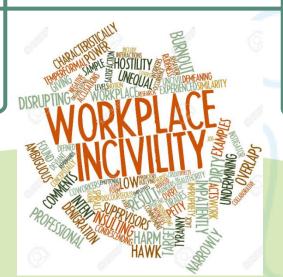


INCIVILITY IS...

Rude, offensive or unsociable speech or behaviours

Low-level, undermining behaviours which would not usually involve formal procedures

If not addressed, can have a cumulative impact, escalate into deeper problems



Behaviours which go against respectful social norms & workplace conduct

Disrespectful, unprofessional, and not valuing others



UNPROFESSIONAL BEHAVIOURS



Passive

- Not participating with team
- Inadequate notes
- Avoiding meetings
- Doesn't answer calls, emails, pagers etc.
- Persistent lateness
- Non-participation in meetings
- Not communicating / ignoring colleagues

Micro Behaviours

- Not recognising or thanking others
- Interrupting or talking over
- Ignoring or dismissing
- Undermining, belittling
- Negative posture/ body language
- Gossiping
- Non compliance of policies etc.
- Inappropriate jokes

Aggressive

- Verbal outbursts
- Negative/ abrasive interactions
- Constant & unjustified criticism
- Swearing
- Intimidating others
- Publicly degrading team members



IMPACT OF INCIVILITY on RECIPIENTS





The impact is how it is interpreted by the recipient – it is founded in how people feel about the actions/ words of another, regardless of the intention of the other person

It reduces how we think, undermines productivity, performance, wellbeing and ability to do our jobs, until all we can focus on is the rudeness, which affects our focus, attention, effort & energy



Impact - Decrease in patient care = clinical risk



Why it Matters.... IMPACT OF INCIVILITY on RECIPIENTS





Survey: 90% had personal experience of incivility and 98% had witnessed it as part of a team.



WIDER IMPACT OF INCIVILITY











On PATIENTS & CARERS

75%
Less
supportive
of the
organisation

66%
feel anxious
dealing with
staff

More likely to complain, litigate, not trust High risk to organisation

Impact - Decrease in patient care = clinical risk





CIVILITY MATTERS



Civil work
environments
matter because
they reduce
errors, reduce
stress and
foster excellence.



Almost all excellence in healthcare is dependent on teams, and teams work best when all members feel safe and have a voice.



Civility between members of staff creates that sense of safety and is a key ingredient of creating great workplaces.



Incivility robs us all and our teams of our true potential.



NHSGGC 3 PILLARS FOR PROGRESS



Awareness

All staff need to be aware of the campaign & the impact of incivility on patient safety, staff wellbeing and performance.

Opportunities created to allow everyone to reflect on the impact of their own behaviours

and interactions with

others

Role Modelling

Leaders at all levels support and enable the conditions for kind and compassionate workplaces, address incivility, and that they also present as effective role models.

Empowerment

Fostering a culture where staff feel safe and empowered to speak out and address rudeness & incivility in a compassionate and respectful way when it happens, that is constructive and available to all staff



EMBEDDING CSL





GGC CSL Group, communication campaigns, promotional activities



Local Champions
Groups – Initiatives for awareness raising and campaigns



Teams emphasise constructive actions to foster kind and compassionate work environments



Align with other priorities, initiatives, eg GGC objectives, strategies, Investors in People, team effectiveness, Peer support



Addressing issues with compassion. Separate from HR policies/process



Identification and training of Civility Leads



SUPPORT ROLES



CHAMPIONS

A visible advocate, to raise awareness in local teams, model civility, promote positive behaviours & kindness, encourage team discussions, share resources, and support morale.



LEADS

Trained to support colleagues to address uncivil behaviours, provide a listening ear, support and empower staff to call it out with compassion, and be an advocate if needed.





POSITIVE WORKPLACE CULTURES



Focus on the positives, not just the things that go wrong

Cake/ sweetie Fridays; Payday Cake day

Ensuring everyone has breaks, food, hydration, fresh air

Set up a Happy Board

Welcome pack for new staff

Say Thank you, smile, say hello, make people feel good Awareness of mental health & wellbeing and access to resources

Encourage ideas from colleagues – boost morale, motivation

Acts of Kindness, Compassion

Appreciate and recognise – eg 'Mug of the month', Success Register, Thank you cards, Praise app, Staff Awards



OUR APPROACH



- Promotes civility, kindness and proactive compassion
- Works for all staff, everywhere
- Involves everyone, built on shared commitment
- Creates a common, relatable language
- Grows naturally and sustainably
- Resolves most issues informally
- Supports a positive, safe work environment







YouTube here,

https://youtu.be/4RUIhjwCDO0?t=2









Have you personally experienced or witnessed incivility / rude behaviour at work?

How did it make you feel?

What did you do?





YOUR REFLECTIONS



How can you help raise awareness about the power of civility, kindness, compassion? (and the impact that incivility has on wellbeing, performance and patient care)

What simple things can you/ your team/ service do to boost morale, support a positive, caring workplace?



FURTHER RESOURCES







CSL National Website: Home | Civility Saves Lives

Ted talks:

Dr Chris Turner: https://www.youtube.com/watch?v=4RUlhjwCDO0

Christine Porath: https://www.youtube.com/watch?v=YY1ERM-NIBY

In Progress:

- Communications campaign, videos, articles
- GGC-wide activities to tie into World Kindness Day 13 Nov '25
- E-Learning Module
- Scenario videos
- New Champions Training
- Civility Leads Training
- CSL Intro leaflet & other promotional materials
- Managers' Pack







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