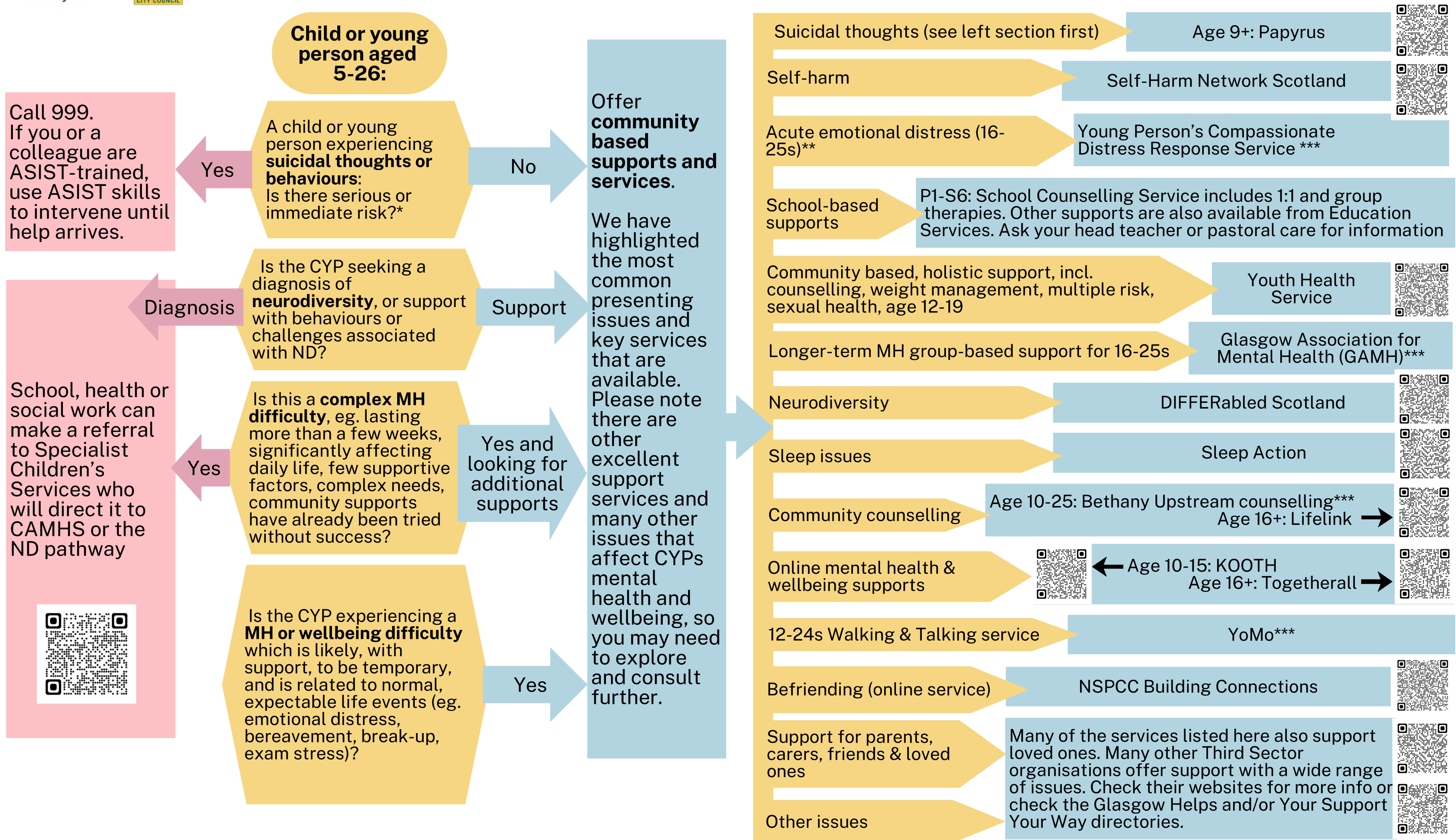


CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH SUPPORT GUIDE

GLASGOW CITY

JAN 2026



*If unsure, ask them. Guidance here: <https://vimeo.com/450054407>; or ask CAMHS Duty line for an assessment of risk level ** 26 if care experienced. CAMHS, YHS and Social Work can refer from age 14-25/26 *** These services require a referral by a statutory or Third Sector professional