

## **CHILDREN AND YOUNG PEOPLE'S MENTAL HEALTH SUPPORT GUIDE** GLASGOW CITY MAY 2025

		Child or young person aged 5-26:			S
Call 999. If you or a colleague are ASIST-trained, use ASIST skills to intervene until help arrives.	Yes	A child or young person experiencing <b>suicidal thoughts or</b> <b>behaviours:</b> Is there serious or immediate risk?*	No	Offer community based supports and services. We have highlighted	Ac Se
Dia	gnosis	Is the CYP seeking a diagnosis of <b>neurodiversity</b> , or support with behaviours or challenges associated with ND?	Support	the most common presenting issues and key services that are	Lo
School, health or social work can make a referral to Specialist Children's Services who will direct it to CAMHS or the ND pathway	Yes	Is this a <b>complex MH</b> <b>difficulty</b> , eg. lasting more than a few weeks, significantly affecting daily life, few supportive factors, complex needs, community supports have already been tried without success?	Yes and looking for additional supports	available. Please note there are other excellent support services and many other issues that affect CYPs	
		Is the CYP experiencing a <b>MH or wellbeing difficulty</b> which is likely, with support, to be temporary, and is related to normal, expectable life events (eg. emotional distress, bereavement, break-up,	Yes	mental health and wellbeing, so you may need to explore and consult further.	12- Be
		exam stress)?			Su frie

\*If unsure, ask them. Guidance here: https://vimeo.com/450054407; or ask CAMHS Duty line for an assessment of risk level \*\* 26 if care experienced. CAMHS, YHS and Social Work can refer from age 14-25/26 \*\*\* These services require a referral by a statutory or Third Sector professional



Glasgow City