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|                                                                                                                                                                                                      | NHS GREATER GLASGOW & CLYDE<br>CONTROL OF INFECTION COMMITTEE | Effective From | June 2021 |
|                                                                                                                                                                                                                                                                                       | <b>CHICKENPOX</b><br><b>[VARICELLA ZOSTER VIRUS (VZV)]</b>    | Review Date    | June 2023 |
|                                                                                                                                                                                                                                                                                       |                                                               | Version        | 7         |
| The most up-to-date version of this guidance can be viewed at the following web page:<br><a href="http://www.nhsggc.scot/hospitals-services/services-a-to-z/infection-prevention-and-control">www.nhsggc.scot/hospitals-services/services-a-to-z/infection-prevention-and-control</a> |                                                               |                |           |

## Chickenpox Aide Memoire

### Consult Guidance and isolate in a single room with:

- ✓ ensuite / own commode
- ✓ door closed
- ✓ IPC yellow sign on door
- ✓ dedicated equipment
- ✓ Ideally room should have negative pressure ventilation
- ✓ **Care Checklist** completed daily

**Patient  
Assessed  
Daily**

**NO**

Patient has had no new lesions and  
all existing ones are dry and  
crusted?

**YES**

- ✓ Stop isolation
- ✓ undertake terminal clean of room

### Chickenpox Guidance - Guidelines for patients in isolation:

**Hand Hygiene:** Liquid Soap and Water or alcohol hand rub

**PPE:** Disposable gloves, yellow apron and FFP3 for all direct care and while in the patients room.

**Patient Environment:** Twice daily chlorine clean

**Patient Equipment:** Chlorine clean after use and at least on a twice daily basis

**Laundry:** Treat as infected

**Waste:** Dispose of as Clinical / Healthcare waste

**Incubation Period:** (10 - 21 days)  
approx 14 days

**Period of Communicability:** 1-2 days before rash, until all blisters/lesions have crusted and no new ones have appeared.

**Transmission route:** direct contact, droplet, airborne