

Care Home Collaborative Newsletter



NHS
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and Clyde
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Hello and welcome to our first newsletter of 2024. At the Care Home Collaborative we have been busy planning for the year ahead with new dates set for training opportunities for care home staff. Read on for more details.

Learning Forum - Launches March 2024

Registered Nurses would like to highlight, recognise and celebrate the speciality of care home nursing. Colleagues have said that they would benefit from the opportunity to work together to develop a community of practice for learning and networking with others across the health and social care sector.

In partnership with Care Homes, HSCP teams and Scottish Care, the CHC team is pleased to support the launch of the Care Home Learning Forum.

The Care Home Learning Forum is a space for all registered nurses with an interest in care homes to learn together. It is an opportunity to share knowledge and experience, building connections and peer support networks with colleagues across settings.

Each meeting of the Care Home Learning Forum will be hosted by registered nurses from Care Homes and HSCP teams. The topics for each forum will be chosen by the hosts to ensure they are relevant and useful for all. Meetings will take place every 6 to 8 weeks on Microsoft (MS) Teams, and will last about 90 minutes. The meeting will be split into 30 minute learning blocks, supporting nurses to attend either the whole meeting, or for topics of particular interest. Taking part in the learning and discussions can count towards your continued professional development.

The first meeting of the Care Home Learning Forum will take place on Thursday 14th March at 1:30pm. The focus of the first meeting is Anticipatory Care Planning/Future Care Planning, Palliative Care and Mouth Care. [Click here to register to attend](#)

Let's
Grow
Together



Check out the CHC website for upcoming dates and join the mailing list to make sure you never miss an opportunity!

Follow us on social media to stay up to date
[**@NHSGGCCHC**](#)

Mealtime Champions

We were delighted to work with Newark Care Home in Inverclyde HSCP to develop the Mealtime Champions project.

We first met with the champions back in June 2023. After attending training, they observed the mealtime experience and noted what was working well and what could be improved. They also asked residents for feedback on their food and drink, and discussed what they had found with the Food, Fluid and Nutrition (FFN) team over the last 6 months.



The Newark Care Home Mealtime Champions

Regular feedback from the residents has been positive including....

I enjoy the food and drinks offered at meals

Staff are really encouraging and friendly

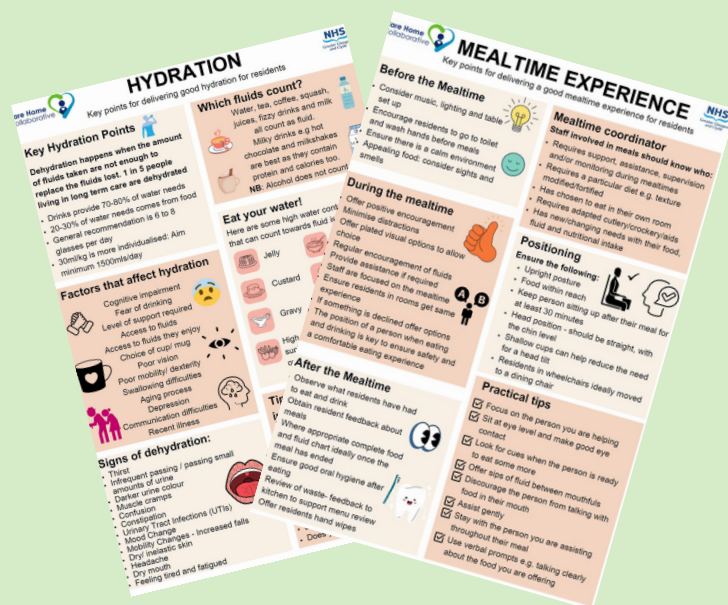
There are good choices of meals and snacks

In December the FFN team held a focus group with the mealtime champions and they commented...

We work more closely with the catering team, and they have also been improving the presentation of texture modified meals

As a team we provide more dedicated time to mealtimes to support, assist and encourage residents

I now have greater awareness of all components of mealtimes to support the residents



If your care home is interested in being a part of this project please get in touch with the Care Home Collaborative.

[Click here to access resources to support nutrition and hydration.](#)

Wound Care Study Day

Staff in care homes have told us they would like to learn more about wounds, how wounds heal and what dressings can be used. To help staff, the Care Home Collaborative and HSCP colleagues have developed a Wound Care study day.

The day involves presentations and interactive activities to increase understanding of assessment of wounds, how wounds heal, what to do when a wound is infected and choosing the right dressing.

Nurses and carers who carry out wound care and have an existing competency in wound management within their role are able to attend the day.

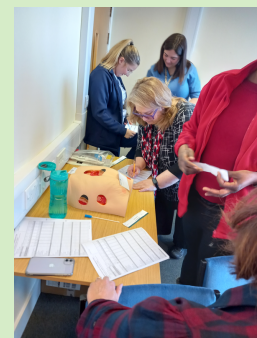
The first day was held in November 2023, and staff who attended felt:

“I know what I should be looking for and how to deal with it”

“I now have a better understanding of the wound healing process”

“I learned the proper dressing for specific wounds”

The next Wound Care Study Days are on the 5th March and the 24th April - sign up now by clicking [here](#).



Meet our team... In this issue we introduce Caroline and Janice



**Caroline
Elsegood**

**Tissue Viability
Nurse Specialist**

Hello my name is Caroline and I am the Tissue Viability Nurse Specialist for the Care Home Collaborative. My background in nursing is wide and varied. I started off my career 30 years ago as an army nurse, then worked in Oncology, Intensive Care and then more recently in District Nursing, and I have a passion for good skin and wound care. I have seen first-hand the impact that pressure ulcers and wounds can have on residents and their families.

It is an absolute privilege to work with staff and residents in care homes. Their hard work and enthusiasm has made it a pleasure for me to support them and share knowledge.

Hello, I'm Janice and I am a Nurse Team Lead at the Care Home Collaborative. I joined the CHC in October 2021, coming from a background in District Nursing. I have experienced a range of different community settings, and started my career aged 16 in a care home. While working there, I came to respect how care staff showed patience, kindness and dedication, working as a team to deliver the best possible care in a homely environment for their residents and families. My experience of care home nursing helped me understand the relationship-based nature of community practice.

Joining the CHC has been an amazing opportunity which has given me the privilege of working with and learning from fantastic care home teams across NHSGGC. I am excited to highlight and celebrate care home nursing as a speciality through the development of the Care Home Learning Forum



Janice Mitchell

Nurse Team Lead

Infection Prevention and Control



Transmission Based Precautions (TBPs) videos are now live

Sometimes, standard infection control precautions (SICPs) are not enough to stop infection spreading and more precautions are required. These are known as Transmission Based Precautions (TBPs). TBPs should be used if a resident has a suspected or known infection. Find out more by watching the following videos [TBP Part 1](#) and [TBP Part 2](#)

Both videos are also available within the resources section of the CHC website.

National Online Webinars for Care Homes

Antimicrobial Resistance and Healthcare Associated Infection (ARHAI) Scotland in partnership with Health Facilities Scotland, the Care Inspectorate, Scottish Social Services Council and National Education for Scotland are hosting free online webinars

- Wednesday 21 February 2024 10.00am - 12:15pm
- Wednesday 13 March 2024 10.00am - 12:15pm

The webinars will highlight the Care Home IPC manual and the Care Home National Cleaning Specification [Click to book your place](#) by 9th February

Learning opportunities

- **Essentials in Psychological Care - Dementia Training** - 16 February, 28 February, 6 March, 20 March, 18 April, 8 May, 5 June
- **Age Scotland Workshops** - 7 March and 20 March
- **SSKINS Study Days** - 7 February, 28 March, 15 May, 3 October, 21 November
- **Wound Care Study Days** - 5 March, 24 April
- **Learning Forum** - 14 March
- **Sage and Thyme** - 14 February, 4 March, 28 March, 9 April, 29 April, 2 May, 28 May, 20 June



[Click here or scan the QR code for further details of all our learning opportunities and to book one of our sessions](#)

How to get involved

There are many ways to get involved and the team welcomes your input.

- Sign-up for our newsletter and updates
- Share your stories of person centred care and good practice.
- Join our groups and inform our work

Contact us for support, information and enquiries.

