Care Home Collaborative Newsletter

NHS Greater Glasgow and Clyde

November 2026 Issue 40

Rock Choir - Bridge of Weir

On the afternoon of Friday 25 September, residents at Morar Living Care Home in Bridge of Weir enjoyed a wonderful musical treat when the local Rock Choir paid a visit.

The choir filled the home with energy, fun and song, performing a variety of well-known favourites that had residents, families and staff singing along and tapping their feet.

The uplifting performance created a warm and vibrant atmosphere, bringing everyone together to share in the joy of live music.



Kilmacolm Rock Choir



Rock Choir Audience

Many residents reminisced as familiar songs sparked happy memories, while others simply enjoyed the opportunity to sit back and soak up the wonderful entertainment.

The enthusiasm and talent of the choir were evident throughout the afternoon, and their infectious spirit brought plenty of smiles to faces across the home.

The visit was greatly appreciated by everyone, with residents commenting on how much they enjoyed the performance and the opportunity to join in.

Events such as these provide meaningful social interaction, support wellbeing, and create special moments for residents, families and staff alike.

A heartfelt thank you to the Rock Choir for giving their time and sharing their music. Their visit was a memorable highlight of the month and left everyone looking forward to welcoming them back again in the future.

Falls Development Day

On 1 October, the Care Home Collaborative held another successful Falls Development Day, kindly hosted by Erskine Home in Bishopton. The event brought together 24 staff members from nine care homes across Greater Glasgow and Clyde for a day of learning, discussion and shared practice.

The programme focused on supporting safer mobility and reducing falls for care home residents. Attendees took part in a range of sessions exploring factors that can contribute to falls, including continence, medication management, and changes in hearing and vision.



Attendees in the sensory workshop



Attendees in the sensory workshop

Colleagues from the Care Inspectorate, NHSGGC Falls Team, Inverclyde Rehabilitation Team, Pharmacy and Continence Services shared their expertise throughout the day, providing practical advice, resources and examples of good practice to support care home staff in their everyday roles.

A particular highlight was the sensory simulation workshop, where participants experienced some of the challenges associated with reduced hearing and sight. The interactive session encouraged staff to consider how the environment, communication and daily support can influence residents' confidence, independence and safety.

The day also provided a valuable opportunity for staff from different care homes to connect, share experiences and learn from one another. Feedback was extremely positive, with attendees describing the sessions as informative, engaging and directly relevant to practice.



Lynsey Kemlo presenting at the event

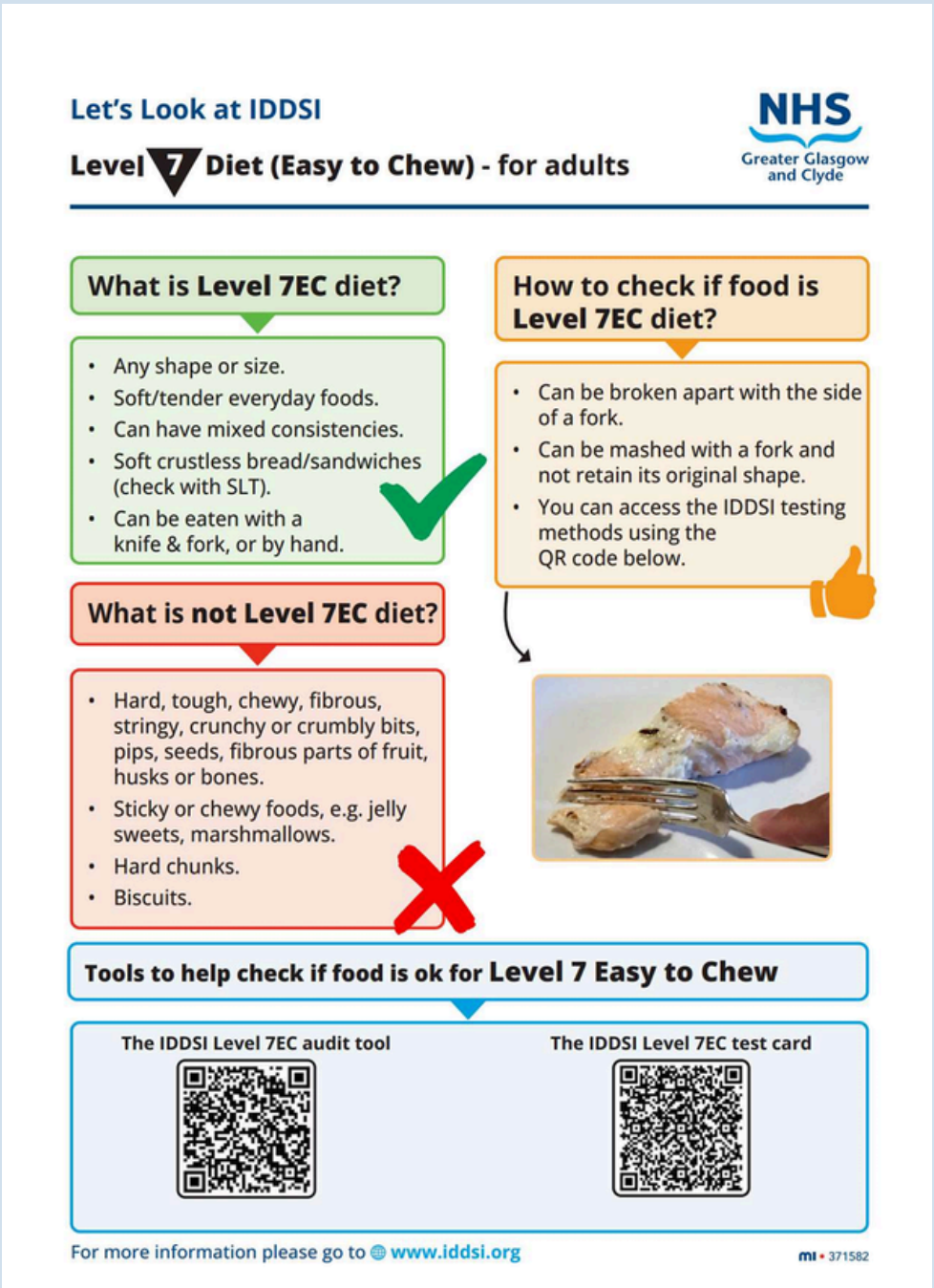
A huge thank you to Erskine Home for hosting the event, and to all the speakers and participants whose contributions helped make the day such a success.

IDSSI Series Level 7 - Easy Chew

The IDDSI (International Dysphagia Diet Standardisation Initiative) framework consists of definitions to describe texture modified foods and thickened liquids, where drinks are measured from Levels 0-4, and foods are measured from Levels 3-7

The next texture-modified diet we will look at is Level 7 easy chew.
This is a soft, tender everyday foods.





Poster QR code

Important to remember

Level 7 easy chew food is soft, tender and can be broken down easily with a fork. There is no size restriction with this IDDSI level. There should be no hard chunks or chewy fibrous pieces when serving. You should always check the food to make sure skins and seeds are removed.

Please always tell the resident what the food is. This helps them enjoy their meal.

To register for the upcoming IDDSI awareness webinar on Tuesday 24 November click here

Oral Nutritional Supplements (ONS) - Changes

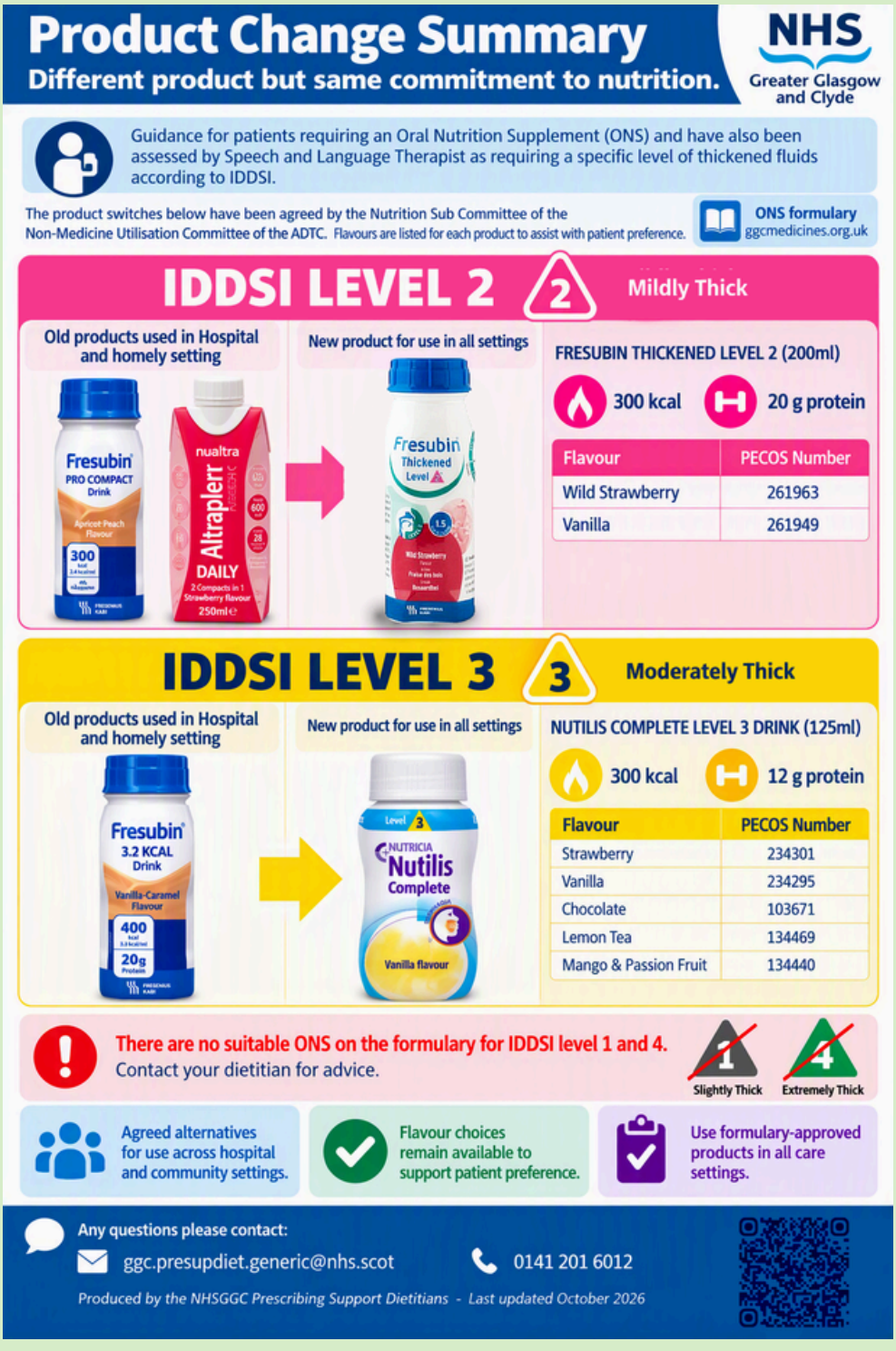
Changes to Oral Nutritional Supplements are underway.

To ensure the safety of residents with swallowing issues, who are prescribed supplements, the poster below summarises the changes.

Please note that there is no longer an option for IDDSI level 1 and some product changes for levels 2 and 3.

What does this mean for our residents?

No action is required by care homes currently. This poster is for awareness only, further information will follow and community dietitians are working to review residents affected. If you have any concerns or questions please contact ggc.presupdiet.generic@nhs.scot



Infection Prevention and Control (IPC) Event



On 7 October the Care Home Collaborative delivered an IPC update event at Erskine Care Home, Bishopton. The event for care home registered nurses and senior carers had a total of 19 participants. The Infection Prevention and Control Nurses and Care Support Workers were delighted to welcome attendees as well as guest speakers from health protection and community pharmacy



IPC update session

As well as sessions focusing on the Care Home IPC Manual, antibiotic stewardship in the care home setting, outbreaks and winter preparedness; the event provided a great opportunity to spotlight changes to transmission based precautions published 3 August in the National Infection Control Manual and the Care Home IPCM.

Breakout sessions were a great way to get everyone working together to 'spot the mistakes' whilst hand hygiene using the glow gel brought plenty of friendly competition and fun.





Participants enjoying the break out sessions

We are delighted that the initial evaluation of the event has been positive, with participants describing the event as informative, beneficial and engaging.

Thank you to Erskine Care Home, Bishopton, for hosting the event and to our guest speakers from the Public Health Protection Unit and the Community Pharmacy Team.

For more information on changes to transmission based precautions guidance click here, where you can access a helpful summary on what has changed. You will also be able to access a frequently asked questions resource providing answers to some of the common queries associated with the changes.

Delirium Webinar

Delirium is one of the most common complications affecting older adults, yet it remains under-recognised and undertreated. It is closely linked with dementia, both as a major risk factor and as a condition associated with poorer longer-term cognitive outcomes.





This webinar will bring together current evidence and practical expertise to explore delirium risk reduction, assessment and management.

Click here for more information and to register for the webinar.

Stop the Pressure Week



Every Move Matters: Helping Prevent Pressure Ulcers

Pressure ulcers are serious but largely preventable.They can cause pain, distress and loss of independence.

Each year, the Society of Tissue Viability holds “Stop the Pressure” Day to raise awareness and share ways to prevent pressure ulcers. This year's message is “Every Move Matters”, highlighting how small, regular movements can make a real difference.

In care homes, movement should be safe, comfortable and right for each person. Support residents to change position in bed or in a chair. Encourage gentle, safe activity where appropriate and listen when someone says they are uncomfortable.



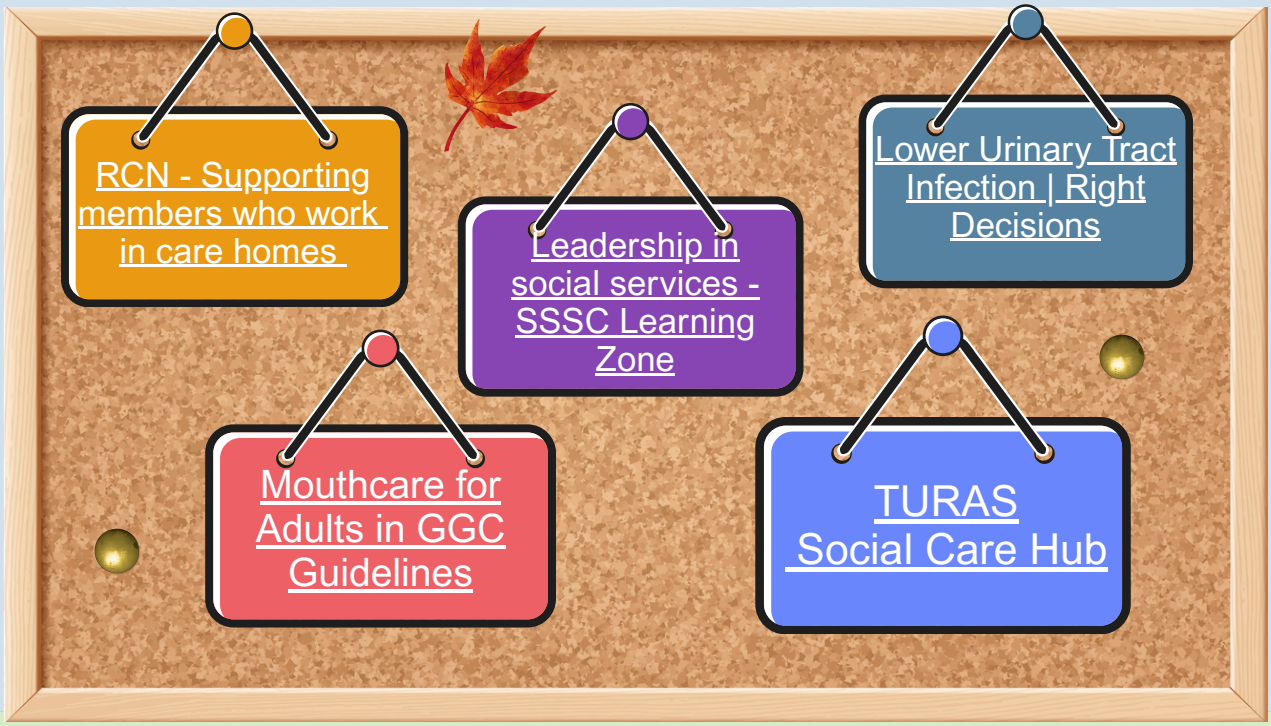
Stop the Pressure Day – 19 November

This year's focus: Every Move Matters

Online study day: 9.30am-3.45pm

Book your free place at the online study day

Resources



Learning Opportunities

There are a number of training and education opportunities, over the next few months on the following topics. Please use the QR code to access our training page to book your place.

- IPC Kit Bags
- Wound Care Study Day
- Caring for Smiles
- New Sage & Thyme communication training dates
- Venepuncture
- Learning Links Webinar - new topics coming soon
- Confirmation of Death

Scan QR code to access all training

Useful links to further training

Turas is available to all social care professionals

Continence Assessment - Continence Pad training. Various dates visit Sphere and Bladder Website/Health and Social Care Professionals

Get involved

There are many ways to get involved and the team welcomes your input.



- Sign-up for our newsletter and updates
- Share your stories of person centred care and good practice
- Follow us on social media.

Visit our website at www.nhsggc.scot/carehomecollaborative for up to date resources and training