



# Care Home Collaborative Newsletter



**NHS**

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## Golfhill residents judge Chef of the Year competition



Golfhill judges: Mary, Agnes and Tracey

Residents from Golfhill Care Home were delighted to be involved in judging the Scottish regional heat of Advinia Health's Chef of the Year competition. They had the very enjoyable — but difficult — task of selecting their favourites from a selection of delicious main dishes and snacks, ultimately deciding which chef would progress to the Grand Final in April.

The residents had an amazing time, playing a central role in the judging process. As a thank you for their contributions, they were also presented with chocolates and certificates, making the day even more special.

A huge congratulations goes to Golfhill's own chef, James Murray, who secured an impressive second place!

## SPAR Launch at Renfrew Care Home

The palliative indicator tool SPAR was launched in Renfrew Care Home on Friday 27<sup>th</sup> February 2026.

It was a wonderful opportunity to discuss using the tool to recognise change and decline with residents, relatives and staff.



Staff and residents at Renfrew Care Home



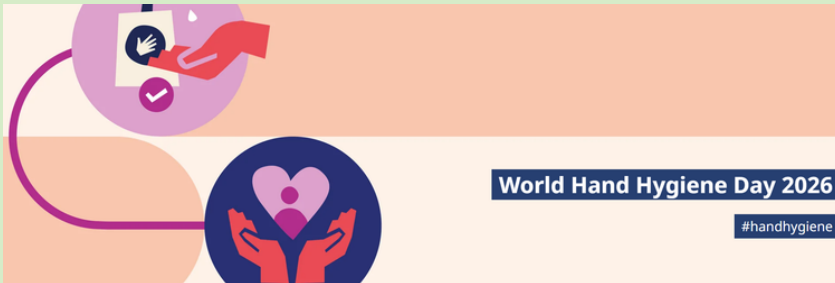
# World Hand Hygiene Day 2026

Mark your calendars for World Hand Hygiene Day on May 5, 2026! Led by the World Health Organization, this year's theme is "Action saves lives." It is a great reminder that simply washing our hands is still the best way to stop the spread of infection and keep dangerous germs away.

To celebrate and put this year's theme into action, the Care Home Collaborative team is hitting the road. We will be visiting Crosslet and Campbell Snowdon care homes on the day to spread awareness, support our hardworking care home staff, and work together to keep residents as safe and healthy as possible. We look forward to seeing you during our visits!



Andy from the IPC team



## WestMARC



WestMARC is the NHS wheelchair service based at the Queen Elizabeth University Hospital. You can find information on referrals and repairs by scanning the QR code or visiting Wheelchair & Seating service on the Right Decisions platform.

Before making a referral, please check:

1. Your resident has an appropriate armchair to meet their postural needs. If your armchairs are not suitable, please refer to social work for an Occupational Therapy seating assessment. Please do not rely on wheelchairs for all day seating.
2. Eligibility: NHS wheelchairs are provided only when a person meets the clinical criteria. Basic attendant-propelled wheelchairs should be supplied by the care home. Please note wheelchairs are for mobility not longterm sitting

All wheelchairs are loaned based on assessed need and have a unique serial number. When no longer needed, call 0300 790 0129 and we will arrange collection.



Contact WestMARC on 0300 790 0129 or email [westmarc@ggc.scot.nhs.uk](mailto:westmarc@ggc.scot.nhs.uk) for more information

## Meet the Team - Leanne

Hello!



Leanne

Hello, I'm Leanne, and I'm delighted to have joined the GGC Care Home Collaborative in January 2026 as the Lead Clinical Pharmacist for Care Homes and Frailty. Although I'm new to the Collaborative team, I've had the privilege of working closely with care homes across Greater Glasgow and Clyde for many years

During this time, I've supported care home residents through comprehensive medication reviews, collaborated with staff to strengthen medicines management processes, and delivered education and training to help build confidence and knowledge around safe, person-centred use of medicines.

Over the years, I've seen first-hand the difference that medication reviews can make. When we take time to review medicines together, we often see residents becoming more alert, experiencing fewer side effects, and having a better overall quality of life. Deprescribing has also helped reduce falls and improve mobility — small changes that can make a huge impact on day-to-day wellbeing.

I'm really passionate about making medicine reviews meaningful and person-centred, and ensuring treatment decisions reflect what matters most to each resident. I'm also involved in wider improvement work across NHSGGC, looking at ways to reduce medicines-related harm and share good practice across teams. I'm excited to get to know more of you and work together to make medicines use in our care homes as safe, simple, and supportive as possible.

## Reflection Corner

A recent situation involving a family's concerns about end-of-life symptom management highlighted key learning. Care home staff had limited "just in case" breakthrough medication to 6 doses in 24 hours.

### Key Learning

**'Just in case' medications should be prescribed as: "Six doses in 24 hours. If requiring more than six doses, seek advice/review".**

**Staff should note that the six dose prescription guidance is a prompt to seek advice/review, not a limit.**

Staff communicated well with the resident and family and promptly sought support from the Care Home Liaison Nurse. Together this enabled early assessment, appropriate prescribing, and daily review, demonstrating strong collaborative care focused on the resident's wellbeing.

For further information: [Anticipatory prescribing](#), [Right Decisions](#)

This learning is being shared locally and nationally to strengthen confidence and quality in end-of-life symptom management.

The **MORE**  
you **REFLECT**  
the **MORE**  
you **LEARN**



# Wound Care Study Day - Erskine and future dates



We would like to extend our sincere thanks to Erskine Care Home for hosting our recent Wound Care Study Day. Their warm hospitality and support created an excellent learning environment, helping to make the event both productive and enjoyable.

We are also grateful to all staff who attended. Your engagement, questions, and willingness to share experiences enriched the discussions and contributed to a collaborative, positive atmosphere. It was inspiring to see nurses and care staff learning side-by-side, strengthening skills and confidence in wound care management.

The programme brought together presentations and hands-on practical sessions, focusing on key areas such as:

- Structure and function of the skin
- Introduction to wound assessment and wound definitions
- Principles of wound management
- Case-based discussions to support practical decision-making

These sessions encouraged reflection, peer learning, and skill-building, supporting high-quality wound care across our services.

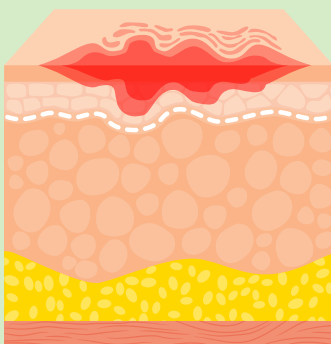


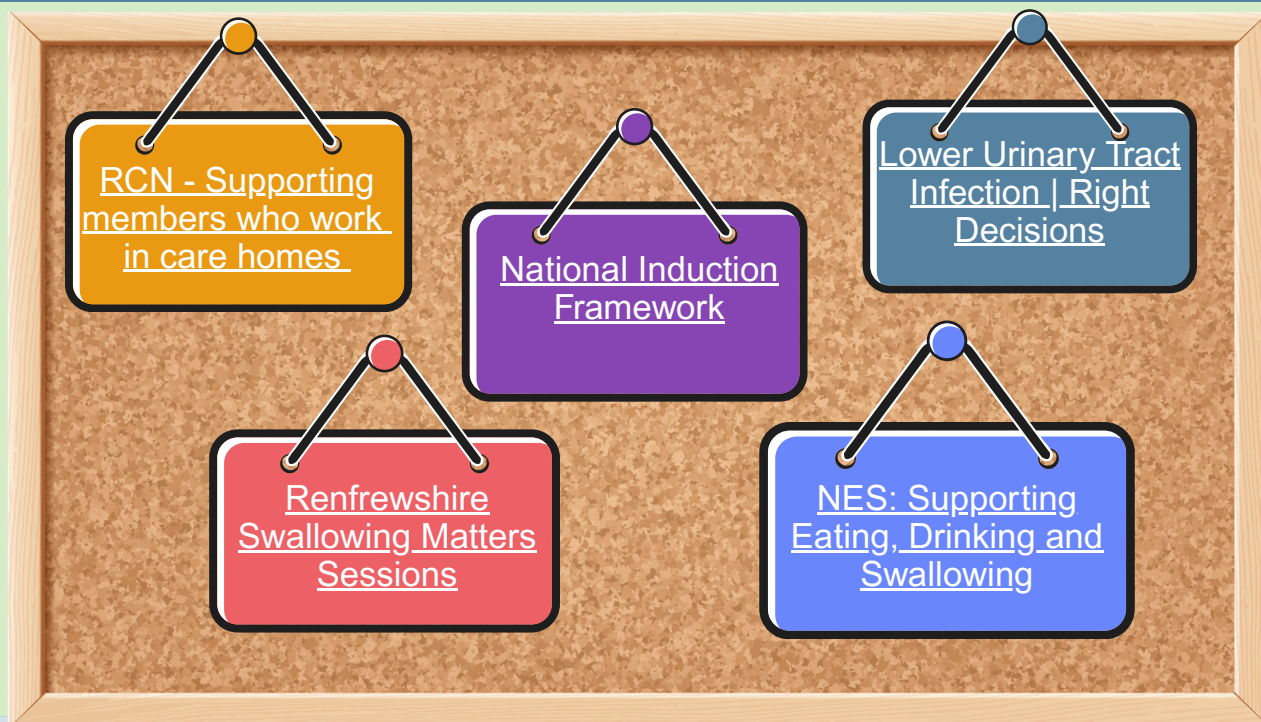
We are pleased to confirm additional Wound Care Study Days in April and June. These sessions are primarily for nurses, but care staff with an existing wound-care competency are also welcome. Attendance contributes towards Continuous Professional Development (CPD). Visit our [learning opportunities](#) page to book your place.

If you are looking to enhance your wound assessment and management knowledge, connect with colleagues, and build confidence in clinical practice, we would be delighted to welcome you onto Tissue Viability Link Network, contact [caroline.elsegood@nhs.scot](mailto:caroline.elsegood@nhs.scot) for more details

“Good mix of slides, discussion and interactive sessions”

“Very interesting, learned lots and validated the knowledge I have”





## Learning Opportunities

There are a number of training and education opportunities, over the next few months on the following topics. Please use the QR code to access our training page to book your place.

- Capturing Workplace Learning for RNs
- IPC Kit Bags
- Falls Development Day
- Wound Care Study Day
- Caring for Smiles
- New Sage & Thyme communication training dates



Scan QR code to access all training



## Useful links to further training

Turas is available to all social care professionals

Continence Assessment - Continence Pad training. Various dates visit Sphere and Bladder Website/Health and Social Care Professionals



## Get involved

There are many ways to get involved and the team welcomes your input.

- Sign-up for our newsletter and updates
- Share your stories of person centred care and good practice
- Follow us on social media.

Visit our website at [www.nhsggc.scot/carehomecollaborative](http://www.nhsggc.scot/carehomecollaborative) for up to date resources and training

