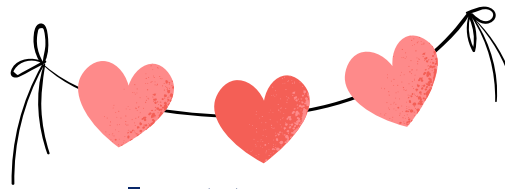




Care Home Collaborative Newsletter



New Year Celebrations at GGC Care Homes



The Westlea team

A special New Year's Day meal was a highlight for Westlea Care home, as their friends and family first footed.



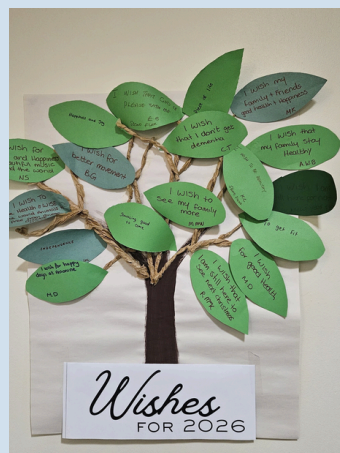
Westlea staff and residents



Margaret MacNae

Antonine House created a wish tree and shared their New Year's resolutions for 2026!

Residents' Margaret and Rachel shared their wishes

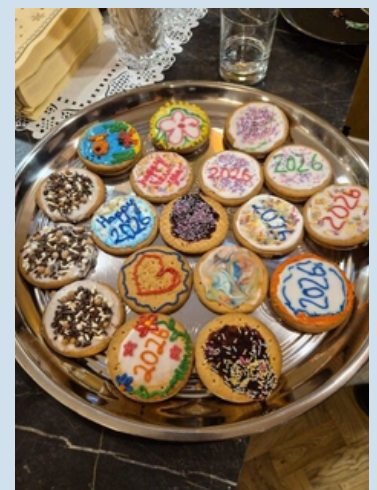


Rachel MacKinnon



Irene Ostman

The residents at Kelvinside Manor had a great day making empire biscuits to celebrate the New Year!



Diabetes Podcasts



NHSGGC have developed a series of short podcasts for busy care home staff who would like to know more about type 2 diabetes.

These five podcasts are short and easy to follow with accompanying information slides. Click on the links below to access each topic

Topics include

- [What is type 2 diabetes?](#)
- [Oral and non-insulin medicines used in the management of diabetes](#)
- [Diabetic emergencies](#)
- [Insulin therapies in diabetes](#)
- [Glucose monitoring](#)

Peer Support Webinars for Care Home Staff

We are happy to offer peer-support training for care home staff. This training gives simple tools to help people look after themselves and support each other. The sessions help staff build confidence, stay well, and work better together.

Each session lasts only one hour. It gives staff time to slow down, think, and take a break from the busy care home environment. It's a friendly space to relax, learn something new, and feel supported. We would love you to join us.

Click [here](#) to register for the webinar on a day that suits you.

I matter



ONLINE TRAINING



Peer Support Training For All Care Home Staff “Looking after yourself and others”

MONDAY 23RD FEBRUARY 2026
2PM-3PM

THURSDAY 23RD APRIL 2026
2PM-3PM

MONDAY 15TH JUNE 2026
2PM-3PM

TUESDAY 1ST SEPTEMBER 2026
2PM-3PM

WEDNESDAY 25TH NOV 2026
2PM-3PM

For more information visit and to register
click on the link below

<https://www.nhsggc.scot/your-health/care-homes/care-home-collaborative//>

Care Home
Collaborative



Care Home Clinical Skills Opportunity

March 2026

We are bringing the Mobile Skills Unit to Greater Glasgow and Clyde Care Homes in 2026.



[Click here or scan QR code to register your interest for March event.](#)

Digital mindset for care home leaders - New dates

LEADING IN THE DIGITAL AGE DIGITAL MINDSET FOR LEADERS

Explore the principles of a digital mindset and discover how adopting this way of thinking can help you navigate complexity, identify possibilities, and lead with greater confidence.

Why Attend?

- Gain practical strategies for digital leadership
- Collaborate with peers across different sectors
- Strengthen your readiness for change

To sign up or for further information visit the Leading in the Digital Age site by clicking this [link](https://learn.nes.nhs.scot/69189), entering the URL <https://learn.nes.nhs.scot/69189> or scanning the QR code.

Secure your place now - spaces are limited!



Scottish Government
Riaghaltas na h-Alba
gov.scot



Join the NHS Education for Scotland Digital Mindset session for Leaders. Whether you are a Director, Head of Service, Board Member, Service Manager or in another leadership role, this session will give you the mindset and tools to lead digital transformation with confidence.

New dates have been released for 2026, please click the link below or scan the QR code for more information.

[Leading in the Digital Age](https://learn.nes.nhs.scot/69189)



Falls Development Day



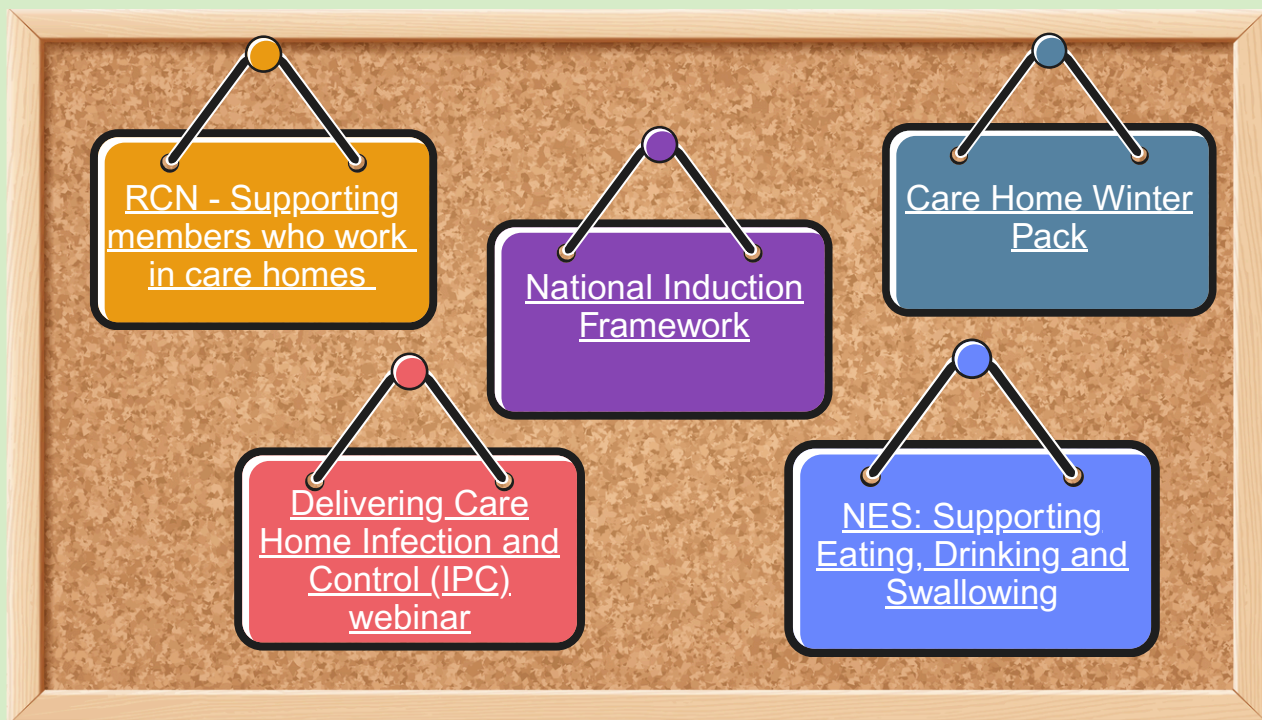
Following the success of the Falls Development Day that was held in September 2025, we are delighted to announce that the next interactive session will be held at Holy Rosary Care Home, Greenock, on 19 March 2026. The focus of the day will be topics relating to falls and falls prevention and will include the following:

- Reducing falls
- Rehabilitation Services
- Interactive sensory workshop
- Continence
- Medication and falls



Available to all Care Home Teams across GGC - Book your space on the [website](#) or you can use the QR code to register!

Resources



Learning Opportunities

There are a number of training and education opportunities, over the next few months on the following topics. Please use the QR code to access our training page to book your place.

- Capturing Workplace Learning for RNs
- Delirium Risk Reduction
- Essentials in Dementia
- Falls Development Day
- Wound Care Study Day
- Caring for Smiles (new dates for 2026)
- New Sage & Thyme communication training dates
- ARHAI Actively Preventing Catheter Associated Urinary Tract Infections in care homes



Scan QR code to access all training



Useful links to further training

Turas is available to all social care professionals

Continence Assessment - Continence Pad training. Various dates visit Sphere and Bladder Website/Health and Social Care Professionals



Get involved

There are many ways to get involved and the team welcomes your input.

- Sign-up for our newsletter and updates
- Share your stories of person centred care and good practice
- Follow us on social media.

Visit our website at www.nhsggc.scot/carehomecollaborative for up to date resources and training

