



Strength and Balance - Campbell Snowdon

Eleanor (89) is no stranger to travel, having visited Nigeria on two occasions, to support the missionaries' hospital and school work.

Recently, she was determined to undertake another journey... walking down the aisle at her granddaughter's wedding.

Determined to do this on her granddaughter's big day, Eleanor has been taking part in the Strength and Balance classes in Campbell Snowdon for 10 weeks. As a result, she felt strong enough to fulfil her wish, accompanied by her eldest grandson, Daniel.



Eleanor and her grandson Daniel

Bonnyton Football Memories Project



Resident Joan

CHC Care Support Worker Vineta is currently undertaking a Football Memories project in care homes. A great time was had with the residents of Bonnyton Care Home remembering the year Scotland "won" the world cup (even before a ball was kicked)! The residents enjoyed reminiscing about the hype from the manager Ally McLeod to the open top bus parade through the streets of Glasgow to Hampden Park.

They fondly remembered the song 'Ally's Tartan Army' by Andy Cameron and the scene was set only to be dashed after the first game of the tournament!

The residents at Bonnyton got right into the swing of things and had a good laugh with 'Jimmy' hats supporting Scotland.



Residents' Peter and Alex with the CHC's Sheeja and Vineta

Eastwood Court Care Home



Some of the staff at SPAR training

The staff at Eastwood Court were delighted to celebrate the launch of SPAR, the palliative indicator tool last month. Residents enjoyed a SPAR inspired cake for afternoon tea.



Deputy Manager Alison Kinnaird and Manager Debbie Martin



Of those who joined us were Bobby and Eleanor McCormick. Bobby enjoys his daily visits from his wife but didn't realise there was a "cuddle couch" in the conservatory. He was delighted to sit close to his wife and get to hold her hand as she told us they celebrated 68 years of marriage in August. It was a delight to meet and spend time with such a loving and devoted couple. Enjoy your anniversary. Cheers!

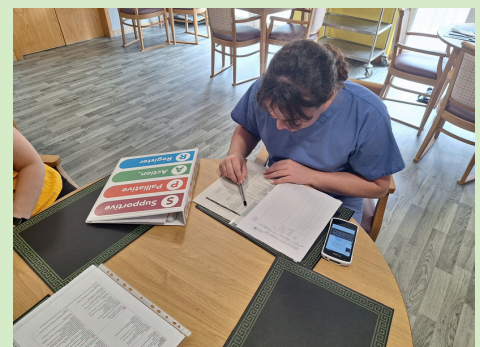


Westerfield Care Home

Over in Paisley, Westerfield Care Home also launched SPAR with a resident and relatives afternoon tea party. Great conversation was heard with one residents daughters telling the team "this is exactly what we need for Mum, thank you"



L-R - Temi Adewumi (carer), Heather Thomas (relative), Shikha Ghimire (Nurse), Fiona Millsom (relative) & Lucy Watkins (carer)



Carer Dee Connor

Little Sisters of the Poor - Annual BBQ

Some great photos from the annual Summer BBQ at Holy Rosary - Little Sisters of the Poor in Inverclyde.



Scottish Care awards

Nominations are now open for the Scottish Care Home Awards 2025!

These annual awards celebrate the outstanding dedication, creativity, and compassion shown by care home staff and services across Scotland. It's your chance to shine a spotlight on those making a real difference every day.

The 2025 awards ceremony will take place on Friday 14 November at the Hilton Hotel, Glasgow. Visit the [Scottish Care website](https://www.scottishcare.org.uk/care-home-awards-2025) for more information.

Award categories include:

- Ancillary and support staff
- Nutrition and eating well
- Meaningful activity
- Outstanding achievement
- Leadership
- Palliative and End of Life Practice
- Nurse of the Year
- Care Worker of the Year
- Care Home Service of the year
- Care Innovation award



ARHAI CAUTI Webinar

Care Home Infection
Prevention and
Control (IPC)
Programme



Actively Preventing Catheter Associated Urinary Tract Infection (CAUTI) in Care Homes

1:30-3:00pm, Wednesday 3rd September 2025

ARHAI Scotland's Care Home Infection Prevention and Control (CHIPC) programme are delighted to announce the launch of the 'Actively Preventing Catheter Associated Urinary Tract Infections in Care Homes' Webinar.

Join us for a focused learning session designed to enhance your practice in catheter care within the care home setting. By the end of this session, you will be able to:

- Describe what a urinary catheter is and when they should be used.
- Explain what Catheter-Associated Urinary Tract Infection (CAUTI) is, including causes, risk factors, and impact on health.
- Identify approaches to reduce the risk of CAUTI within the care home environment.
- Apply best practice in catheter care to promote safety, dignity, and comfort.

The webinar is free to attend and open to all staff working in care homes.

A certificate of attendance will be provided for a post webinar evaluation so please book your place fast as spaces are limited.

Join ARHAI Scotland at their upcoming webinar on Actively Preventing Catheter Associated Urinary Tract Infection (CAUTI) in Care Homes. This will take place on Wednesday 3 September 1.30pm - 3pm.

Click [here](#) to register or scan the QR code below.



National Recognition of Interactive IPC Kits

You may remember last year our IPC team developed and launched interactive IPC kits based on Standard Infection Control Precautions (SICPs).

SICPs are the basic infection prevention and control (IPC) measures which reduce the risk of transmitting infection, whether or not there is known infection. SICPs are part of everyday practice and should be used by all care home.

Currently available kitboxes cover

- Hand Hygiene
- Personal protective equipment (PPE)
- Cleaning of reusable equipment
- Management of linen

The boxes are designed to be delivered in small groups to facilitate discussion, each kit takes about 20 minutes to complete, and adds to the existing IPC knowledge of care home staff. The kits contain video resources, information from the Care Home Infection Prevention and Control Manual (CH IPCM), and also have a practical element to try, such as a glow torch for hand hygiene.

Please [contact us](#) for more details of these sessions.

Watch out for a spotlight on our hand hygiene boxes at a National webinar delivered in conjunction with ARHAI Scotland in Autumn 2025.



Mobile Skills Unit (MSU) 20-24 October



The CHC is excited to announce the return of the NES Mobile Skills Unit (MSU) in October 2025. The MSU is a state of the art training facility supporting the development of clinical skills and creating opportunities for care home staff across the Greater Glasgow and Clyde area.

We are delighted to have worked in partnership with colleagues from

- Little Sisters of the Poor Care Home, Holy Rosary, Greenock
- Golfhill Care Home, Glasgow
- Campsie View Care Home, East Dunbartonshire

The programme of clinical skills includes:

- Male catheterisation (Refresher)
- Venepuncture
- A to E Assessment
- Wound care for RNs and Senior Carers

We recognise the importance of all team members within the care home and are providing additional sessions to encourage everyone's involvement. This includes:

- Palliative care for carers
- Delirium
- Pressure ulcer prevention and airflow mattress
- Strength and balance taster session

To find out more access the [participant handbook](#)

Click [here](#) or scan the QR code to register your interest. Early registration opens on Monday 8th September.



Clinical Skills Opportunities for Care Homes October 2025

Your Program includes:

- Male catheterisation refresher
- Venepuncture
- A-E Assessment
- Wound assessment/ packing & swabbing

Additional Sessions

- Palliative care for carers
- Strength & Balance Taster
- Delirium
- PUP & Airflow mattress for Carers

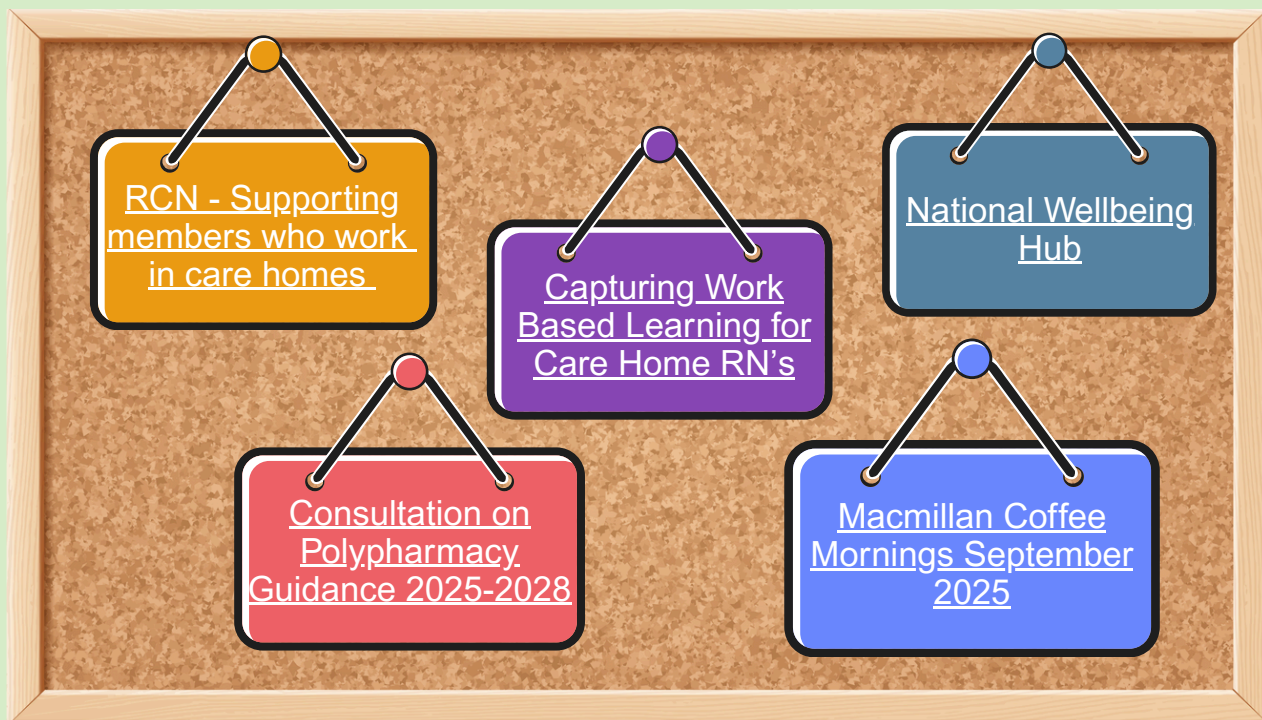


20th - 21st October
LSOP Holy Rosary, Greenock, PA16 8DP
22nd - 23rd October
Golfhill Care Home, Glasgow, G31 2HG
24th October
Campsie View Care Home, Kirkintilloch, G66 1QV

[Register Interest Here](#)



Resources



Learning Opportunities

There are a number of training and education opportunities, over the next few months on the following topics. Please use the QR code to access our training page to book your place.

- Capturing Workplace Learning for RNs
- Confirmation of Death
- Delirium Risk Reduction
- Essentials in Dementia
- Falls Development Day
- Wound Care Study Day
- Swallowing Matters - Multiple dates in September
- Caring for Smiles - Multiple dates in September
- New Sage & Thyme communication training dates
- ARHAI Actively Preventing Catheter Associated Urinary Tract Infections in care homes



Scan QR code to access all training



Useful links to further training

Turas is available to all social care professionals

Continence Assessment - Continence Pad training. Various dates visit Sphere and Bladder Website/Health and Social Care Professionals



Get involved

There are many ways to get involved and the team welcomes your input.

- Sign-up for our newsletter and updates
- Share your stories of person centred care and good practice
- Follow us on social media.

Visit our website at www.nhsggc.scot/carehomecollaborative for up to date resources and training

