

Care Home Collaborative Newsletter



SPAR Launch at Kincaid House

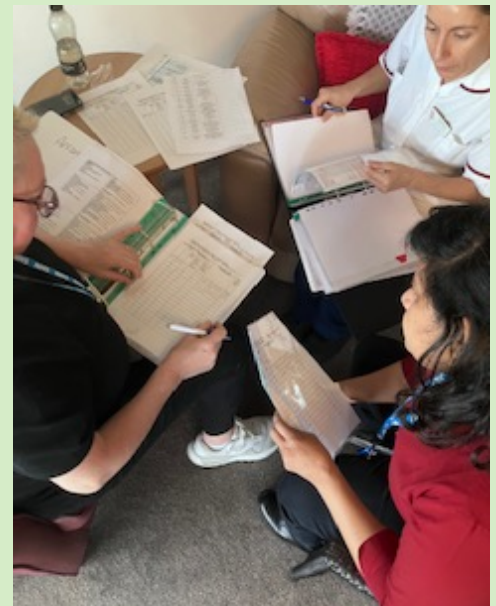
On Thursday 20th February, the team at Kincaid House care home in Greenock launched the palliative indicator tool SPAR (Supportive and Palliative Action Register). This tool provides a structured approach to early identification of change/decline in residents and also acts as a communication tool to seek timely support. The launch celebrated a period of intensive training for staff to enable them to start using this tool effectively.

An afternoon of tea and cakes accompanied lots of conversations with relatives about how this tool can help them feel confident that staff notice change and decline in their loved ones.

It also gave the opportunity to explain Future Care Planning (FCP) and Inverclyde HSCP Care Home Liaison Nurse; Gillian Orr, kindly came along to support further FCP conversations.

"You can see how much the staff have learned and how their confidence has grown"

Ann, Manager



Staff working together



Pictured above, Family members with Care Home, CHC and HSCP Staff



Traffic light themed cakes



If your care home is interested in using SPAR please contact the CHC.

The [Care Home Collaborative website](#) hosts a variety of resources - Palliative Care that are freely available for you to explore



Storm Eowyn - It takes a village

Like many homes across the central belt, Campbell Snowden House experienced the effects of Storm Eowyn at the end of January.

Located in the rural surroundings of Quarrier's Village, the home encountered power outages and fallen trees which impacted their telephone lines.

The staff at Campbell Snowden expressed deep gratitude for the assistance received from Inverclyde HSCP and Scottish Power who provided a large generator.



Storm damage at Campbell Snowden

They were also heartened by the community spirit as family and members of the local community came together to support the care home.

Local business' rallied round with Blackwoods Butcher in Kilmacolm generously providing breakfast rolls for all residents and staff. They also prepared a large pot of mince and tatties for Saturday's lunch. Additionally, Barnhill Farm sent over trays of cakes along with tea and coffee for both residents and staff.

Quarrier's Head Office also stayed open to provide hot water for the care home as well as all the residents of Quarrier's Village.

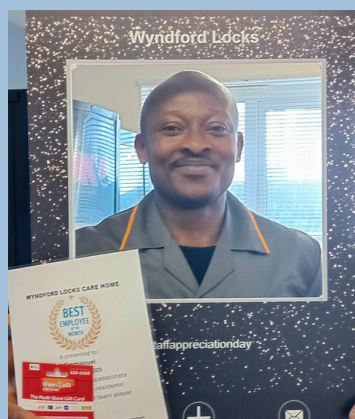
We are always keen to share stories and if you have something you would like to share then please contact us at ggc.chccontacts@nhs.scot

Celebrating and supporting the workforce

Danielle Cunningham, Manager at Wynford Locks, Glasgow recognises the importance of supporting staff and was delighted to share their new Appreciation Scheme to recognise and celebrate the achievements of the staff.

"I wanted to do something to show staff how appreciated they are and give praise where praise is due"

Danielle, Manager



Emmanuel



Pauline, Senga and AnnMarie

This month they celebrated a Kitchen Assistant passing his apprenticeship and a Pre Registered Nurse passing his OSCE first time. They also presented Emmanuel, a carer with Employee of the Month and the maintenance man and laundry team also received Kindness in Care Awards.



Mark Lynch - Apprenticeship

New Training Dates - Dementia

The Essentials in Psychological Care – Dementia Training Programme is a full day course. It is a certified programme which will increase your existing dementia knowledge, giving practical ways for you to support the people you care for.

This session counts as 6 hours of professional development and counts towards NMC revalidation.

Learning Outcomes

- Enhance understanding of the causes of distressed behaviours in dementia
- Explore evidence-based proactive and preventative strategies and be able to apply these effectively
- Improve the experience and care for people living with dementia, their families and carers

Click on the links below to book your space or scan the QR code

- **9th April** 9.30am - 3.30pm
- **6th May** 9.30am - 3.30pm
- **10th June** 9.30am - 3.30pm

All sessions held at 1st Floor, 21 Dava Street, Govan, G51 2JA



Think Delirium - Risk Reduction

Delirium is a serious, life threatening condition that develops rapidly over hours or days. When untreated, delirium can lead to poorer outcomes for care home residents.

Would you like to find out more about how to reduce the risk of your residents developing delirium? Click [here](#) or scan the QR code below to register.

Learning outcomes

- Build on your existing knowledge of Delirium and better understand the different Delirium subtypes
- Identify the differences between Dementia and Delirium
- Explore Delirium risk reduction strategies

2nd April 2025
9.30am - 12.30pm

All sessions held at 1st Floor, 21 Dava Street, Govan, G51 2JA



MUST and MUST Step 5 webinars

In June 2024 the Care Home Dietetic Team introduced digital training sessions on MUST and MUST Step 5 aiming to increase the accessibility for teams across the area.

There have been six sessions with a total of 211 staff from 38 care homes attending. Due to the uptake of this we are now introducing these webinars every six weeks.

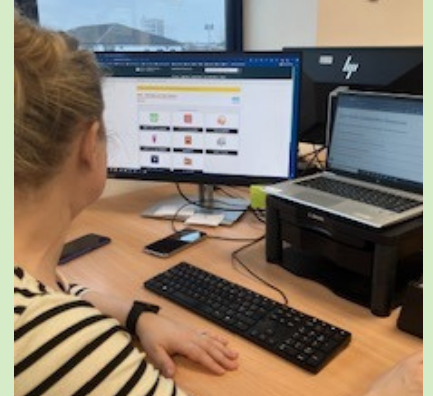
This one-hour training session helps to refresh knowledge of each step of the MUST screening tool, including calculation of scores. It will also cover MUST Step 5 and explain how to complete the form.

Places can be booked via [Learning Opportunities page](#) on website or scan the QR code

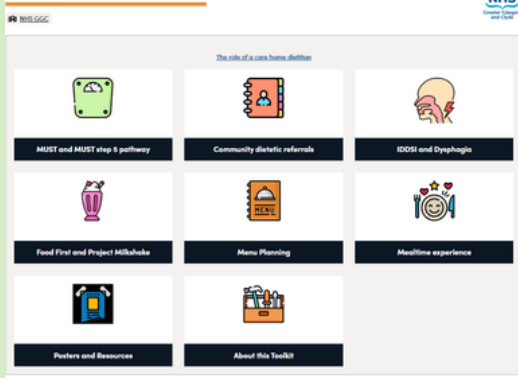


"Liked having an update on this topic and will recommend to others in the team"

Found it really helpful to access the session online as meant I could attend"



GGC - Nutrition in Care Homes



To support learning, we have collected all supporting resources and added to our new 'Nutrition in Care Homes' app in a tile called 'MUST and MUST Step 5'.

Use this [link](#) to access all resources

This includes 5 short videos on MUST and MUST Step 5 with case studies, MUST Step 5 guidance notes and MUST Step 5 pathway information for both nursing and residential homes.

NES - Mobile Skills Unit - March and October 25

Over the past few months the CHC have been working in partnership with Care Homes to bring the [Mobile Skills Unit](#) and clinical skills opportunities to care home across the Greater Glasgow and Clyde area.

In a recent survey care home staff, told us that they would value opportunities to develop skills in the areas of

- venepuncture
- male catheterisation
- care of deteriorating residents
- syringe pumps

There are a few places for the March session still available. Use this link or scan the QR code to register

Further sessions are planned for October 2025, please click [here](#) to register interest.



New Training Dates - HomeFirst Team



Would you like to know more about frailty and the Rockwood Frailty Scale and Future Care Planning?

The HomeFirst team are providing free online training opportunities open to care home staff.

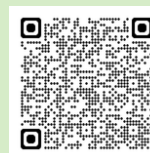
DON'T MISS OUT!

We have 2 dates for the frailty session - this is a sit back and listen in session. The sessions are on MS Teams and are friendly and informal.

Frailty Overview and the Rockwood Clinical Frailty Scale:
18.03.2025, 10am – 11.30am [Booking Link](#) or use the QR Code



Frailty Overview and the Rockwood Clinical Frailty Scale:
20.03.2025, 2pm - 3.30pm [Booking Link](#) or use the QR code



No matter what your role is in the conversation, we all need to know a little bit about Future Care Planning - what it is, why it's important to care home residents and relatives and how we go about it. There will be room for engagement during the Q&A session on Future Care Planning.

Future Care Planning Introduction Session:
02.04.25, 2pm - 3.30pm [Booking Link](#) or use QR code

Delivered by the HomeFirst Programme, NHSGGC.



International Women's Day - 8 March 2025

81% of staff who work in social care are women

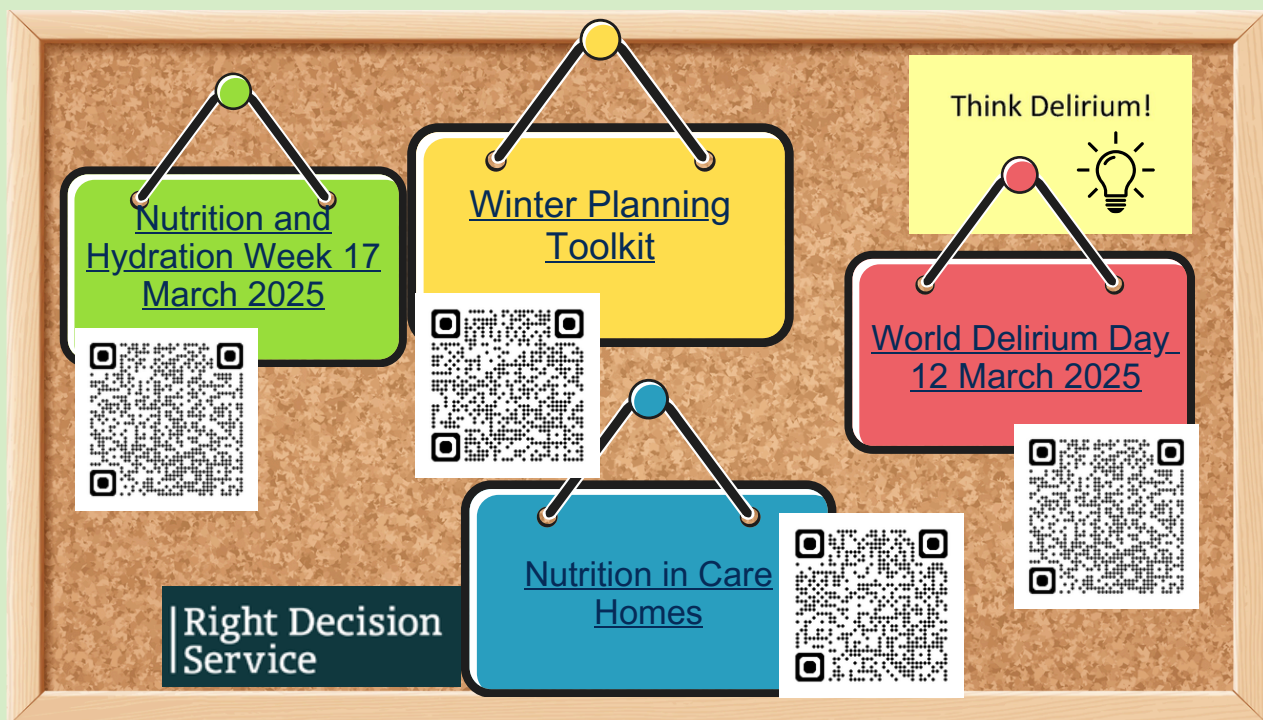
This International Women's day, lets celebrate all of the women who work in social care from across the world.

If you would like to celebrate International Women's Day use this [link](#) for loads of interesting and interactive resources.



#IWD2025 #AccelerateAction

Resources for March



Learning Opportunities

MUST and MUST Step 5 Webinar - 12 March 2025

Delirium - 6 March and 2 April

Essentials in Dementia - 9 April and 10 June

MSU Skills Unit - 24 - 28 March 2025



Scan QR code to access all training



Useful links to further training

Turas is available for all social care professionals

Continence Assessment - Continence Pad Training - Various dates visit Sphere and Bladder website/Health and Social Care Professionals



Get involved

There are many ways to get involved and the team welcomes your input.

- Sign-up for our newsletter and updates
- Share your stories of person centred care and good practice
- Follow us on social media.



Visit our website at www.nhsggc.scot/carehomecollaborative for up to date resources and training