



# Newsletter

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Welcome to the second issue of the Care Home Collaborative Newsletter. June has been a busy month with Dementia Awareness Week, What Matters To You Day 23 and the RCN Scotland Annual Awards.



Congratulations to all the finalists with a special mention to; Arlene Fox from Nightingale Care Home - Winner of Care Home Nursing Award, Derek Barron from Erskine Care Home - Winner of the Strategic Leadership Award and our very own Stuart Wilson who was Runner up for Nursing Support Worker of the Year for their contribution to the Independent and Third Sector Care Homes.

## Meet our team...

In this issue we introduce Heather and Kirsty



Heather Molloy  
Person Centred  
Engagement  
Lead

Hi, I'm Heather, Person Centred Care and Engagement Lead for the Care Home Collaborative (CHC). I joined the CHC in January 2022 and I am excited to be part of this new team designed specifically to support equal partnerships between Nursing and Residential Care Homes provided by HSCP's, Independent and Third Sector organisations across GGC.

For 7 years prior to coming to the CHC I was employed by Scottish Care as Integration Lead and have worked across 6 HSCP's representing and advocating for Independent and Third sector Care Providers within Integration Joint Boards and Strategic Planning. I am delighted to be working with such a great team of support workers, admin support and specialists that all want to make a difference to people who live in, work in and visit care homes.

Hello, I am Kirsty the Lead Nurse for the Infection Prevention and Control (IPC) Team at the Care Home Collaborative. I have been an IPC Nurse Specialist for over 20 years supporting areas including inpatient and community healthcare, mental health and oral health services. Prior to joining the CHC my role was with Antimicrobial Resistance and Healthcare Associated Infection (ARHAI) Scotland. ARHAI lead on development of evidence based guidance on IPC and it was great to see the Sector specific Care Home IPC Manual released during 2021.

I am passionate about learning, so was delighted when the opportunity to work with and learn from the care home community presented itself.

Since coming into post, myself and my IPC colleagues have visited over 130 care homes where we have seen great demonstration and had good conversations about the application of IPC practice in care homes.



Kirsty McDaid  
Lead Nurse  
Infection Prevention  
and Control

## Glasgow City HSCP

Caroline Elsegood, our Tissue Viability Specialist, visited Hawthorn House in Glasgow City where she chatted with Tommy a resident and ask what really matters to him. Caroline recalls feeling nervous about asking him this question as she was really unsure what his answer might be. However Tommy sat back in his chair and told Caroline that his family are most important to him because if they are all doing okay he is doing ok. Caroline's reflection after the conversation was that a routine chat turned into something more deep and meaningful giving an insight into a resident's feelings about what matters to him.



## West Dunbartonshire HSCP

Our Palliative Care Nurse, Heather Tonner, visited Sharon, Manager at Clyde Court. Sharon was keen to support staff wellbeing and utilised WMTY Day 23 to celebrate staff and residents by treating them to some alternative therapies.

All residents in the care home were asked to take part and tell us "What Matters to Them" about being at Clyde Court. This allowed new ideas, opinions and thoughts to be gathered and shared. It allowed a focused look at resident and staff thoughts and ideas which the Manager quickly responded to. What a Team!



## Inverclyde HSCP

Meet Bethia, a resident at Newark Care Home and her daughter Carolann.

What Matters to Bethia and Carolann is that she is safe and her bedroom reflects her preferences and personal items. She is supported to get dressed and remains stylish with matching jewellery. She remains part of the wider local community by shopping and getting her hair done in the local area.

Stephen, one of the younger residents was very amused by Margaret and Katy, Activity Co-ordinators attempts at build the Balloon Arch. He enjoyed the interactions and different conversations and a tipple of his choice!



## East Dunbartonshire HSCP

Lilyburn Care Home Team prepared for WMTY Day by asking residents what comfort food and fluids matter to them and the key memories associated with it. The Chefs listened and organised a comfort foods afternoon tea session on the day. All of the named comfort foods were made and shared with residents over a lovely afternoon with staff, Care Home Dietitians and residents.

Lots of good discussions were had around why these foods bring them comfort and the memories it triggers. This was really valuable for the team to take the time and get to know these residents and the importance of “small conversations every day, make the biggest changes in every way”.



## Renfrewshire HSCP

Nightingale Care Home highlighted a resident who they are helping to write a recipe book, which reflects her family meals from Ghana. This has been done through various activities in the home where Gloria cooks a recipe for the residents to try. Gloria has some recipes collected and her family are looking out recipes from Gloria's grandma to include in her book.

The care home dietitians spent time with Gloria on WMTY day to review why these meals are important to her and learn more about Gloria's life as a mum and specialist nurse in Gartnavel General Hospital. Nightingale are supporting Gloria to have this book produced and published. Gillian Mackay, our Dietitian is already sampling the amazing recipes.



## East Renfrewshire HSCP

Lavinia Todd, Care Home Support Worker visited Janette, a resident at Burnfield Care Home and had a conversation about What Matters to her. Janette likes to draw and was previously an Art Teacher. Janette's mother was a designer and very artistic as is her daughter. Janette shared that her mother was visited by the Queen in her job as a designer many years ago, and she spoke directly to her. Janette had been in hospital recently and hadn't been bothering to sketch for some time, so when asked what matters to her, this was one of the things she mentioned. As a result the staff set up a table with her art pencils and crayons so she could sketch. Janette did a sketch of one of the staff members and allowed us to share it here. The staff noted that Janette's daughter would be so pleased that her mum was drawing again.





Introducing a new video resource to refresh your knowledge on the 10 elements of SICPs.

The training is intended to complement your local workplace training. Scan the QR code to access our resource section.



<https://www.nhsggc.scot/your-health/care-homes/care-home-collaborative/>

Three one day Essentials in Psychological Care - Dementia Training have taken place during June and were attended by staff from 5 Care Homes including

- 15 Carers and 10 senior carers
- 6 Registered Nurse Nurses
- 1 Manager

Helped with communication skills

Improved my skills in understanding distress

Interaction was great and really helped me understand

Here are some comments from people who have attended the course

## Learning opportunities

- Essentials in Psychological Care - Dementia Training  
5th July and 19th September
- SSKINS  
24th August, 5th October and 16th November
- Sage & Thyme  
13th July, 31st July, 16th August and 31st August



[Click here or scan the QR code for further details of all our learning opportunities and to book one of our sessions](#)

## How to get involved

There are many ways to get involved and the team welcomes your input.

- Sign-up for our newsletter and updates
- Share your stories of person centred care and good practice.
- Join our groups and inform our work

Contact us for support, information and enquiries.



### Contact us

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