

# Care Home Collaborative Newsletter

## Boclair Care Home Sponsored Walk



Residents of Boclair Care Home in East Dunbartonshire decided to challenge themselves to walk and raise money for a charity close to their hearts; 'Make a Wish' Foundation UK.



Residents walked 15,000 steps around Mugdock Park, Milngavie. Drinks, sandwiches and ice cream cones were enjoyed along the way, with the local wildlife sharing the crusts! Residents asked loved ones to sponsor them, which resulted in over £300 for the charity.

## Rashielee Care Home Golf Tournament



Everyone at Rashielee Care Home in Renfrewshire got together for The Rashielee Open Golf Tournament. What a fabulous day with great food and lots of laughter.



Well done to all the residents and staff who made these wonderful and unique days possible!

The Care Home Collaborative is always happy to hear about care home activity. If you would like to share anything with us please contact [ggc.chccontact@ggc.scot.nhs.uk](mailto:ggc.chccontact@ggc.scot.nhs.uk)



# Celebrating Success - Newton House

Newton House Care Home in East Renfrewshire were delighted to share their new Care Inspectorate grades, moving from adequate to very good in a fairly short period of time.

Manager Lara Masucci said the secret to their success was agreeing clear goals, being kind, always learning, and respecting each other's skills - this resulted in the team working well together.



Staff celebrating their new grades

The team worked closely with many partners including East Renfrewshire HSCP and the CHC to solve problems and improve the care provided for the residents of Newton House.

With support from the CHC team they utilised the peer-to-peer coaching model, where staff helped each other learn. This created an environment where the team could grow and support each other whilst building confidence.



Quality care for residents and families was the main focus of the team's efforts. With a shared goal and a strong team, everyone worked together to give residents better quality of care. The team keep looking for new ways to improve and stay committed to getting better every day.

## Congratulations!

# Care Home Falls Development Day - 25 September 2024

As part of Falls Prevention Week 2024 the CHC is offering an interactive Development Day in Newton House Care Home, East Renfrewshire on 25 September 2024. The focus of the day will be topics relating to falls and falls prevention and will include the following:

- Reducing falls
- Rehabilitation Services
- Project Milkshake (nutrition and hydration)
- Continence
- Medication and falls



Available to all Care Home Teams across GGC - Book your space on the [website](#) or you can use the QR code on the last page to register!

## Care Home Digest - British Dietetic Association (BDA)

We are excited to share the new 'Care Home Digest' guideline from the British Dietetic Association (BDA).

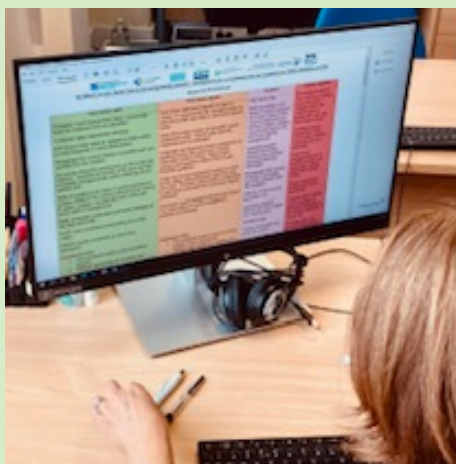
This is the first guideline which has been produced to support mealtimes and menu development for residents in care homes. It provides information and useful assessment tools for care home managers, nursing staff, carers and catering teams.

Use this link to download the guidance [Care Home Digest - British Dietetic Association \(BDA\)](#).

If you would like further support or information on this please contact the [CHC](#).



## New Wound Guidance Poster



This new guidance for non-progressing wounds was developed by colleagues from care homes and HSCPs.

All wounds should show signs of progress over a two week period (evidence of progress towards healing, reduced size, reduction in slough and necrotic tissue).

If this does not happen then the guidance provides a clear decision making pathway for care home staff /care home liaison nurses, to ensure referrals are streamlined to Podiatry and Tissue Viability.

All steps in the guidance should be completed before making a referral to the next stage.

The poster can be found on the CHC website and can be printed out in A3 format.





New training  
opportunity!

Increase your knowledge and confidence of  
Care Around Death  
NHSGGC MacMillan Palliative Care Education Team  
Inverclyde Royal Hospital  
27 August 2024

Book your place [here](#)

WE ARE  
MACMILLAN.  
CANCER SUPPORT

NHS  
Greater Glasgow  
and Clyde

## Care Around Death Study Day

For Registered Nurses working within NHSGGC  
Hospital, Community, care homes and hospice settings

This study day presents an opportunity to help increase Care Around Death knowledge and skills. Using a case study approach this day will enable participants to learn and share practice with each other whilst taking into consideration relevant local and national guidance.

Date & Time:	Venue:
Tuesday 27 <sup>th</sup> August 2024 (9.00am – 4.00pm)	IRH Lecture Theatre, IRH Education Centre, Inverclyde Royal Hospital, Larkfield Rd, Greenock PA16 0XN

**To book a place:**  
Follow the link and complete online booking form:  
<https://link.webropol.com/ep/Care-Around-Death-27-08-24>

Future scheduled dates (not yet open for bookings):

- 8<sup>th</sup> October 2024 at New Victoria Hospital
- 27<sup>th</sup> November 2024 at Stobhill Hospital

## Scottish Care - Social Care Nursing Conference 2024

FOCUSED ON  
THE FUTURE

SOCIAL CARE  
NURSING

Scottish Care  
Voice of the independent care sector

4 SEPTEMBER 2024

ST PAUL'S &  
ST GEORGE'S (PS&GS)  
46 YORK PLACE,  
EDINBURGH, EH1 3HP



The 2024 Social Care Nursing Conference, titled 'Focused on the Future – Social Care Nursing' will take place on Wednesday 4 September 2024. This is open to all nurses working in or supporting social care.

More information on the programme and registration form is available on [Scottish Care website](#).

## Care Home Awards Nominations

Scottish Care will be hosting the 20th National Care Home Awards in November 2024 in Glasgow. This event will honour Scotland's independent and third sector care homes.

Nominations for the 2024 Care Home Awards are open until Friday 30 August 2024.



Further details of the awards and how to nominate staff and teams are available on the Scottish Care website at [Care Home Awards 2024 - Scottish Care](#)

# Care Home Learning Forum

*for nurses who work in or with care homes*

The Care Home Learning Forum is a space for all registered nurses with an interest in care homes to learn together. It is an opportunity to share knowledge and experience, building connections and peer support networks with colleagues across settings.

Let's  
Grow  
Together

The next Care Home Learning Forum, hosted by nurses from Inverclyde, will take place on **Wednesday 21 August 24 at 1:30pm** via MS Teams

Topics:

- 1.30 pm - Understanding Delirium
- 2.00 pm - Urinary Tract Infections (UTIs)
- 2.30 pm - Falls Awareness



To register please click [here](#) or scan the QR code



## Learning opportunities

*Essentials in Psychological Care - Dementia Training* -  
13 August, 20 August

*Delirium Risk Reduction* - 6 August, 27 August

*Nurses Learning Forum* - 21 August, 10 October and 19 November

*RESTORE2 Mini* - 27 August, 29 August, 3 September, 4 September,  
10 September

*SSKINS* - 15 August

*Wound Care Study Day* - 27 August

*Falls Development Day* - 25 September

*Scottish Improvement Foundation Skills (SIFS)* - Next session begins on  
22 August, with attendance also required on 19 September and 2  
December [Click here to apply](#)



[Click here or scan the QR code for further details of all our learning opportunities and to book one of our sessions](#)

## Get involved



There are many ways to get involved and the team welcomes your input.

- Sign-up for our newsletter and updates
- Share your stories of person centred care and good practice.
- Join our groups and inform our work

Contact us for support, information and enquiries.

Visit our website at [www.nhsggc.scot/carehomecollaborative](http://www.nhsggc.scot/carehomecollaborative) for up to date resources and training