# Equalities In Health

## 'Caring to Ask': measuring change



### **Background**

Caring to Ask began as a pilot in Glasgow CHP – North East sector. It was delivered in collaboration with NHSGGC's Corporate Inequalities Team and Glasgow Centre for Population Health.

Its focus was around <u>Inequalities Sensitive Practice</u> (ISP) - a person centred approach that responds to the life circumstances that affect people's health.

A practice inquiry was undertaken and evaluated in three service areas: Children's Services; Primary Care Mental Health and Homelessness, using simplified tools for staff and patient feedback. The report can be viewed <a href="here.">here.</a>

The Caring to Ask tools have also been used in other NHSGGC settings and staff feedback has indicated more positive relationships developing between patients and staff and within teams as a result. Senior Managers would like the tools be used more widely in NHSGGC to support person centred care.

#### What are the tools?

<u>Caring Conversations tool</u> - cards showing the "7Cs of Caring Conversations". NES have developed videos which illustrate Caring Conversations in practice.

<u>Feedback tool</u> - containing 2 questions. This has been used widely in NHSGGC to gather patient and staff feedback (e.g. in team meetings / supervision) in a simple and easy way.

<u>Positive practice pointers</u> - comments from frontline staff about the day to day realities of inequalities sensitive practice. These are used as prompts to stimulate conversations in teams.

Information on <u>national work</u> using the tools is also available.

## How do you measure change with Caring to Ask?

North East Homelessness Service has gathered patient feedback using Caring to Ask. Read about their experience <a href="https://example.com/here.co

A <u>summary feedback tool</u> for staff and patient feedback has been developed to assist with this process. This tool allows feedback to be themed and include quotes.

#### Further advice

Supplies of Caring Conversations tools are available from citadminteam@ggc.sco.nhs.uk

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