



Preparing for Hospital What You Need to Know

No one wants to go into hospital, but sometimes it is unavoidable. However there are some simple things we can do now, to try and make the experience less stressful for everyone.

Come along to learn about making “grab bags”, what paperwork to bring along and what the discharge process might look like. This event might be particularly useful for anyone supporting someone else and worried about what the future might look like.



We understand that many carers have a daily routine so we have organised a day time session or evening session to suit, both sessions will be held online via Teams. Once you register, we'll send you the link and provide information about how to join.



**carers
RIGHTS DAY**

All Welcome



Click Date to Register

Monday 21st November

10.30am - 11.45am



Thursday 24th November

6.30pm - 7.45pm

Online via Teams

Delivered by the ACP Team