# **Care Navigation Appointment Planning**

| **Conditions** | **Who to make an appointment with**  | **Length of appointment needed** | **Other** |
| --- | --- | --- | --- |
| **First choice**  | **Second choice** | **Third choice** |
| Asthma |   |   |   |   |   |
| CHD |  |  |  |  |  |
| CKD |  |  |  |  |  |
| COPD |  |  |  |  |  |
| Earache |  |  |  |  |  |
| Early pregnancy problems |  |  |  |  |  |
| ECG |  |  |  |  |  |
| Eczema: acute exacerbation |  |  |  |  |  |
| Emergency contraception |  |  |  |  |  |
| Epilepsy |  |  |  |  |  |
| Eye infection |  |  |  |  |  |
| Head injury |  |  |  |  |  |
| Headaches (and migraine) |   |   |   |   |   |
| Headlice/scabies |   |   |   |   |   |
| Heartburn |   |   |   |   |   |
| Heart Failure |   |   |   |   |   |
| Hayfever |  |  |  |  |  |
| Hip - painful |  |  |  |  |  |
| Hypertension |   |   |   |   |   |
| Fit to work |  |  |  |  |  |
| Flu |   |   |   |   |   |
| Impetigo - skin infections |   |   |   |   |   |
| Impotence |   |   |   |   |   |
| Infected wounds |   |   |   |   |   |
| Ingrown toenail |   |   |   |   |   |
| Insect bite/stings |   |   |   |   |   |
| Knee injury |   |   |   |   |   |
| Medication not repeat |   |   |   |   |   |
| Minor injuries |   |   |   |   |   |
| Minor surgery |   |   |   |   |   |
| Moles  |   |   |   |   |   |
| Mouth ulcers/thrush (under 5) |   |   |   |   |   |
| Mouth ulcers/thrush (over 5) |   |   |   |   |   |
| Mumps |   |   |   |   |   |
| Nappy rash |   |   |   |   |   |
| Neck injury |   |   |   |   |   |
| New patient medical |   |   |   |   |   |
| Nosebleeds |   |   |   |   |   |
| NPT |  |  |  |  |  |
| Outpatients notes |   |   |   |   |   |
| Period problems |   |   |   |   |   |
| Piles (haemorrhoids) |   |   |   |   |   |
| Podiatry (Chiropody) requests |  |  |  |  |  |
| Pregnancy - first booking |  |  |  |  |  |
| Pregnancy follow-up appointment |  |  |  |  |  |
| Rashes |  |  |  |  |  |
| Ribs - painful |  |  |  |  |  |
| Shingles |  |  |  |  |  |
|  |  |  |  |  |  |
| Side effects of medication |  |  |  |  |  |
| Sinusitis  |  |  |  |  |  |
| Skin infection |  |  |  |  |  |
| Smear |  |  |  |  |  |
| Smoking Cessation Group |  |  |  |  |  |
| Sore throat |  |  |  |  |  |
| Stroke |  |  |  |  |  |
| Sunburn |  |  |  |  |  |
| Swollen feet |  |  |  |  |  |
| Swollen lips |  |  |  |  |  |
| Temperature/ Fever/Hot - Child |  |  |  |  |  |
| Thrush - vaginal |  |  |  |  |  |
| Thyroid |  |  |  |  |  |
| UTI and other urine problems |  |  |  |  |  |
| Vaginal discharge |  |  |  |  |  |
| Varicose veins |  |  |  |  |  |
| Vomiting |  |  |  |  |  |
| Warts and verrucas - new |  |  |  |  |  |
| Warts and verrucas - seen GP |  |  |  |  |  |
| Worms |  |  |  |  |  |
| Wounds/wound infection |  |  |  |  |  |