



Guidance Document for Care Homes and Nursing Homes

FALLS RELATED INJURY

You have direct access to virtual clinical assistance at the **NHSGGC Flow Navigation Centre (FNC)** via the **Administration Team** on this number:

0800-141-2312

If your patient has **ANY** of the below conditions, then you should contact **NHS24 (111) or dial 999** if an emergency:

- Obvious bone deformity e.g. thigh, shin, upper arm, forearm
- Head injury on anticoagulant medicine e.g. warfarin, edoxaban, rivaroxaban, apixaban, dabigatran
- Head injury with a loss of consciousness or new confusion
- Uncontrollable bleeding (including nosebleed >10 minutes of direct pressure)
- Signs of systemic illness since fall e.g. looks pale/sweaty/ pain +++

Please phone the FNC if your patient has injuries such as:

- Injury which renders them non-weight bearing (when previously weight bearing)
- Chest/trunk/abdominal injury
- Minor head injury/ scalp laceration/ facial injury
- Simple limb injury, pain, bruising or swelling to e.g. shoulder/upper arm/wrist/hand/knee/ankle/foot
- Burn/scald
- Wounds/skin flap

For any ongoing medical problems please contact the patient's own GP