

What Matters To You Day Tuesday 6th June 2023

Glasgow City HSCP



Caroline Elsegood, our Tissue Viability Specialist, visited Hawthorn House in Glasgow City where she chatted with Tommy a resident and ask what really matters to him. Caroline recalls feeling nervous about asking him this question as she was really unsure what his answer might be. However Tommy sat back in his chair and told Caroline that his family are most important to him because if they are all doing okay he is doing ok. Caroline's reflection after the conversation was that a routine chat turned into something more deep and meaningful giving an insight into a resident's feelings about what matters to him.

East Dunbartonshire HSCP

Lilyburn Care Home Team prepared for WMTY Day by asking residents what comfort food and fluids matter to them and the key memories associated with it. The Chefs listened and organised a comfort foods afternoon tea session on the day. All of the named comfort foods were made and shared with residents over a lovely afternoon with staff, Care Home Dietitians and residents.

Lots of good discussions were had around why these foods bring them comfort and the memories it triggers. This was really valuable for the team to take the time and get to know these residents and the importance of "small conversations every day, make the biggest changes in every way".



West Dunbartonshire HSCP

Our Palliative Care Nurse, Heather Tonner, visited Sharon, Manager at Clyde Court. Sharon was keen to support staff wellbeing and utilised WMTY Day 23 to celebrate staff and residents by treating them to some alternative therapies.

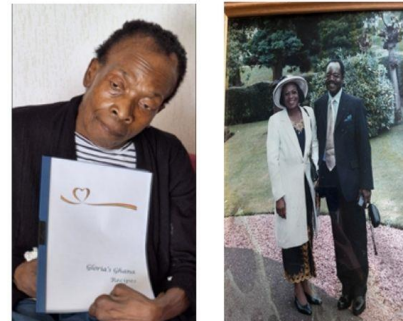
All residents in the care home were asked to take part and tell us "What Matters to Them" about being at Clyde Court. This allowed new ideas, opinions and thoughts to be gathered and shared. It allowed a focused look at resident and staff thoughts and ideas which the Manager quickly responded to. What a Team!



Renfrewshire HSCP

Nightingale Care Home highlighted a resident who they are helping to write a recipe book, which reflects her family meals from Ghana. This has been done through various activities in the home where Gloria cooks a recipe for the residents to try. Gloria has some recipes collected and her family are looking out recipes from Gloria's grandma to include in her book.

The care home dietitians spent time with Gloria on WMTY day to review why these meals are important to her and learn more about Gloria's life as a mum and specialist nurse in Gartnavel General Hospital. Nightingale are supporting Gloria to have this book produced and published. Gillian Mackay, our Dietitian is already sampling the amazing recipes.



Inverclyde HSCP

Meet Bethia, a resident at Newark Care Home and her daughter Carolann. What Matters to Bethia and Carolann is that she is safe and her bedroom reflects her preferences and personal items. She is supported to get dressed and remains stylish with matching jewellery. She remains part of the wider local community by shopping and getting her hair done in the local area. Stephen, one of the younger residents was very amused by Margaret and Katy, Activity Co-ordinators attempts at build the Balloon Arch. He enjoyed the interactions and different conversations and a tipple of his choice!



East Renfrewshire HSCP

Lavinia Todd, Care Home Support Worker visited Janette, a resident at Burnfield Care Home and had a conversation about What Matters to her. Janette likes to draw and was previously an Art Teacher. Janette's mother was a designer and very artistic as is her daughter. Janette shared that her mother was visited by the Queen in her job as a designer many years ago, and she spoke directly to her. Janette had been in hospital recently and hadn't been bothering to sketch for some time, so when asked what matters to her, this was one of the things she mentioned. As a result the staff set up a table with her art pencils and crayons so she could sketch. Janette did a sketch of one of the staff members and allowed us to share it here. The staff noted that Janette's daughter would be so pleased that her mum was drawing again.

