BOWEL MOVEMENT RECORD

NHS Greater Glasgow and Clyde

Name: ……. **CHI: ……** **Date Commenced: ……/……/……**

Date	Time	Comments i.e. volume, blood, mucous S – small M – medium L – large	Type 1 Separate hard lumps like nuts (hard to pass) 	Type 2 Sausage shaped but lumpy 	Type 3 Like a sausage but with cracks on surface 	Type 4 Like a sausage or snake, smooth and soft 	Type 5 Soft blobs with clear-cut edges (passed easily) 	Type 6 Fluffy pieces with ragged edges, a mushy stool 	Type 7 Watery, no solid pieces (entirely liquid) 	Staff Initials

Adapted from the Bristol Stool Scale developed by KW Heaton and SJ Lewis at the University of Bristol, 1997