2016 Black and Minority Ethnic Health and Wellbeing Study in Glasgow

Infographics

Prepared for NHS Greater Glasgow and Clyde by
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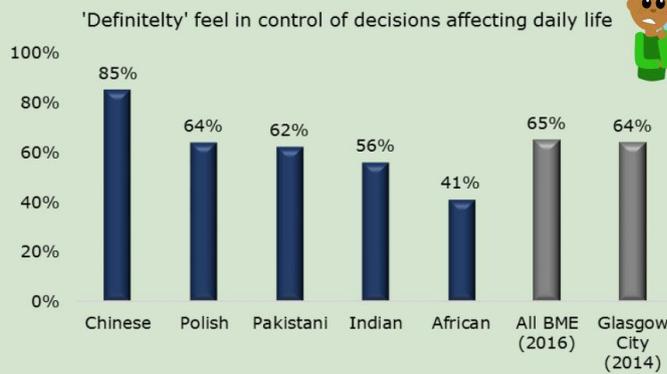
April 2017

HEALTH AND ILLNESS

VIEWS OF HEALTH

BME groups were more likely than the general Glasgow City population to have a positive view of:.....
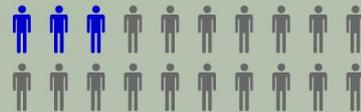
General health
80%
Glasgow City: 74%

Physical wellbeing
86%
Glasgow City: 78%

Mental wellbeing
90%
Glasgow City: 78%

Least likely to have positive views of health/wellbeing:
Pakistani

FEELING IN CONTROL

'Definitelty' feel in control of decisions affecting daily life

85%	64%	62%	56%	41%	65%	64%
Chinese	Polish	Pakistani	Indian	African	All BME (2016)	Glasgow City (2014)

100%
80%
60%
40%
20%
0%

ILLNESS

15% BME had a limiting condition/illness

25% Glasgow City had a limiting condition/illness

Most likely to have a limiting condition:
Pakistani

Least likely to have a limiting condition:
African & Chinese
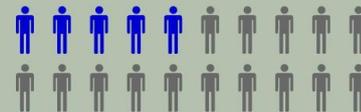
QUALITY OF LIFE

positive about quality of life:

All BME: 92%	Glasgow City: 85%	Pakistani: 85%

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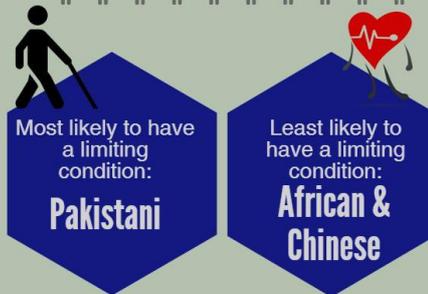
HEALTH SCREENING AND ACCESS TO HEALTH SERVICES

HEALTH SCREENING

Women, 20-60

INVITED FOR CERVICAL SCREENING:

58%

87% attended

Women, 50-70

INVITED FOR BREAST SCREENING:

79%

90% attended

Adults, 50-74

INVITED FOR BOWEL SCREENING:

64%

67% completed home test

Most likely to have been invited for these

African

Least likely to have been invited for these

Chinese
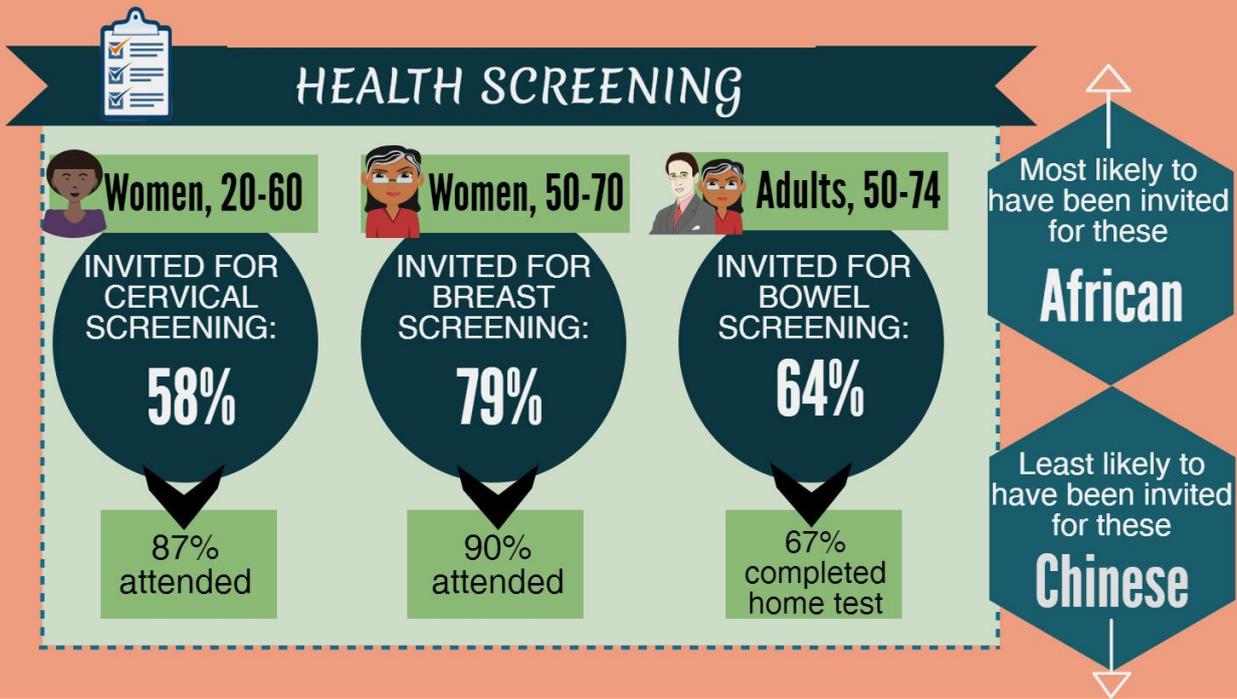
INTERPRETING SERVICE

1 in 8 had ever used the interpreting service for NHS appointments

% used interpreting service for NHS appointments

Polish	18%
Chinese	15%
Pakistani	9%
African	9%
Indian	8%
All BME (2016)	12%

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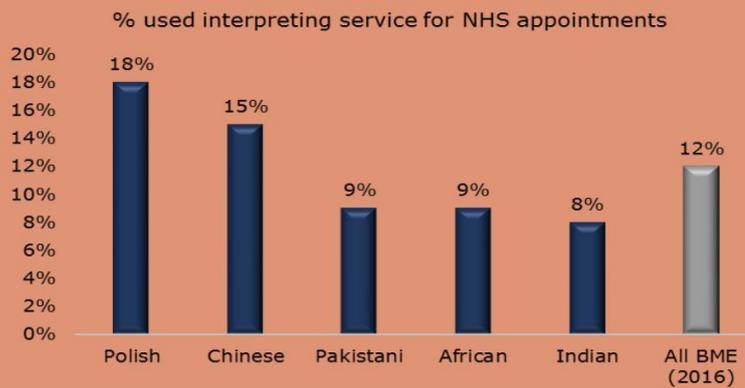
HEALTH BEHAVIOURS

SMOKING

16% BME were smokers
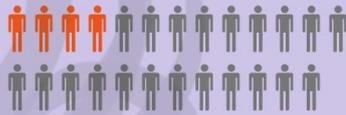
28% Glasgow City were smokers

Current smokers

	Polish	Chinese	Pakistani	Indian	African	All BME (2016)	Glasgow City (2014)
%	36%	14%	12%	9%	6%	16%	28%
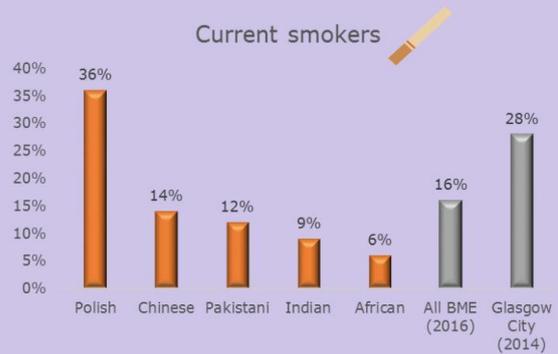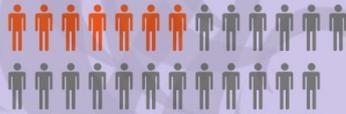
29% Exposed to second-hand smoke most/some of the time

Glasgow City: 39%

Polish: 50%

ALCOHOL

% ever drink alcohol

	Polish	Chinese	Indian	African	Pakistani	All BME (2016)	Glasgow City (2014)
%	80%	55%	39%	29%	1%	36%	65%

Exceeded 14 units per week:

1.5% BME

11.8% Glasgow City
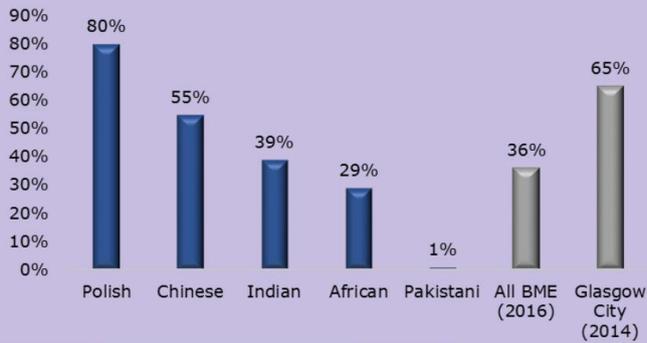
PHYSICAL ACTIVITY

71% active for 150 minutes per week

Indian: 40%

DIET

40% 5+ portions of fruit/veg per day

Pakistani: 29%

Indian: 53%

BMI

% with BMI indicating overweight

	Pakistani	Indian	Polish	African	Chinese	All BME (2016)	Glasgow City (2014)
%	74%	68%	45%	44%	21%	52%	48%

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SOCIAL HEALTH

ISOLATION

1 in 8 ever felt isolated from family/friends

Most likely to feel isolated:
African and Polish

Women: 14%

Men: 10%

BELONGING TO THE LOCAL AREA

72% Felt they belonged to their local area

76% Glasgow City

83% Pakistani

77% Men

65% Women
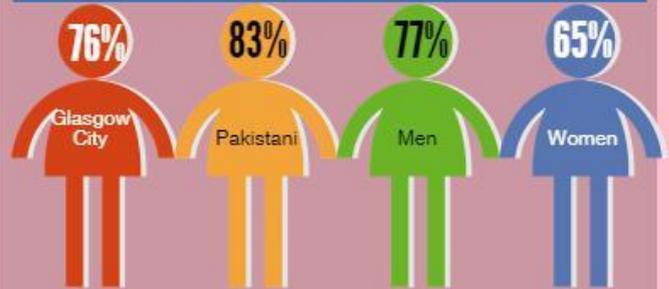
FEELING VALUED

62% Felt valued as a member of their community

Most likely to feel valued:
Indian and Pakistani

Least likely to feel valued:
Chinese

DISCRIMINATION

HATE

% discriminated against in the last year

	Pakistani	African	Polish	Indian	Chinese	All BME	Glasgow City
%	6.6%	5.0%	2.5%	0.9%	0.8%	3.4%	4.5%
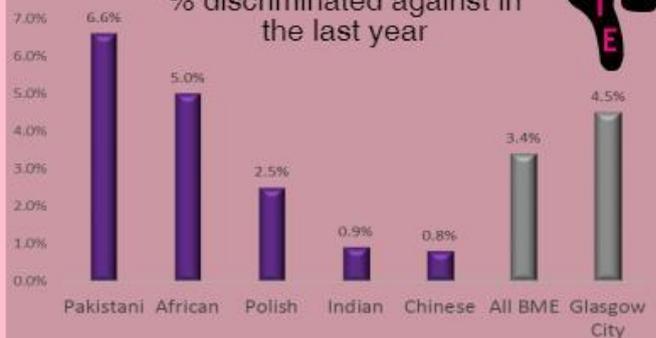
EXPERIENCE OF CRIME

10% were a victim of any of 5 types of crime in the last year
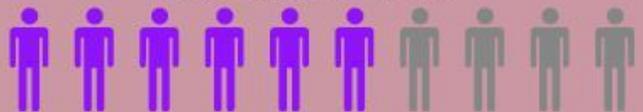
13% Glasgow City

Most likely to be a victim:
Polish and African

Least likely to be a victim:
Indian and Chinese

ECONOMICALLY ACTIVE

BME men: 60%

BME women: 31%

Most likely to be economically active:
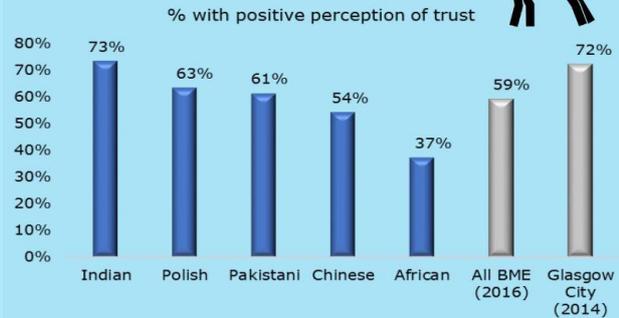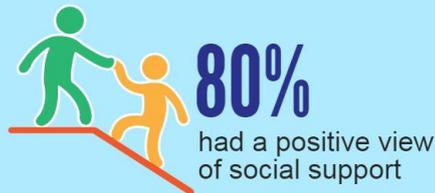Polish

Least likely to be economically active:
Chinese

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SOCIAL CAPITAL

RECIPROCITY

72% had a positive perception of reciprocity

Most likely: Chinese

Least likely: African

TRUST

% with positive perception of trust

Indian	Polish	Pakistani	Chinese	African	All BME (2016)	Glasgow City (2014)
73%	63%	61%	54%	37%	59%	72%

LOCAL FRIENDSHIPS AND SOCIAL SUPPORT

73% valued local friendships

80% had a positive view of social support

Least likely to value local friendships or have positive view of social support: African

CLUBS/ASSOCIATIONS/GROUPS

% who belong to clubs/associations/groups

African	Indian	Pakistani	Chinese	Polish	All BME (2016)	Glasgow City (2014)
45%	21%	16%	14%	11%	18%	21%

SOCIAL ACTIVISM

8% engaged in social activism

15% Glasgow City

Most likely: Pakistani and Afrcian

Least likely: Indian and Polish

VIEWS OF POVERTY

Most commonly received reasons for poverty in local area:

Lack of jobs
BME: 26%
Glasgow City: 40%

Laziness/lack of willpower
BME: 36%
Glasgow City: 18%

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