

## **Mental Health Learning Opportunities**

Participants may want to explore more formal training courses to further develop their knowledge and skills in mental health following completion of the basic mental health and related topics sessions. Facilitators can signpost to the following:

### **1. NHS Greater Glasgow and Clyde Mental Health Improvement Team**

The team have collated a range of free online learning opportunities relating to Mental Health across the life course. For more information visit:

[Online Learning Resources Update - Mental Health - NHSGGC](#)

### **2. Mental Health Improvement, Self-harm and Suicide Prevention Training Pathway**

The NHS Greater Glasgow and Clyde Mental Health Improvement, Self-harm and Suicide Prevention Training Pathway is a tool to encourage the public health workforce to progressively build their knowledge and skills relevant to their role and responsibilities in the area of mental health. The resource is not a training calendar but rather a reference and guidance document to help individuals, teams and organisations explore potential training opportunities that are available, and whilst not exhaustive it can support navigation through the relevant and appropriate levels according to roles.

[Mental Health Improvement, Self-harm and Suicide Prevention Training Pathway - NHSGGC](#)