

Aide Memoir – advice line - Containment – Draft June 2017

INITIAL INTERVIEW			
Question	YES	NO	COMMENTS
Does the patient currently use continence products?	<input type="checkbox"/>	<input type="checkbox"/>	
What pad is the patient currently using?			
What pads are being requested now?			
Where does the patient currently store your products			
Is the patient	Mobile <input type="checkbox"/> Chair bound <input type="checkbox"/> Bed bound <input type="checkbox"/>		
Bladder diary completed	Yes <input type="checkbox"/> NO <input type="checkbox"/> If no, why not?		
IS THE MAIN ISSUE LEAKAGE			
QUESTION	YES	NO	COMMENT
Is the patient wearing close fitting / mesh pants with their pads?	<input type="checkbox"/>	<input type="checkbox"/>	
How often is the patient changing the pad? (No. in 24hrs)			
Is there a larger pad for overnight prescribed?	<input type="checkbox"/>	<input type="checkbox"/>	
Does the pad feel heavy when the pad is change?	<input type="checkbox"/>	<input type="checkbox"/>	
Has the urine missed the pad?	<input type="checkbox"/>	<input type="checkbox"/>	
Is the patient using one pad at a time?	<input type="checkbox"/>	<input type="checkbox"/>	
Is there any specific times that the pad is leaking?	<input type="checkbox"/>	<input type="checkbox"/>	
Is the pad being shaken before fitting?	<input type="checkbox"/>	<input type="checkbox"/>	
Is the person fitting the pad holding the pad length wise before they are putting into the pants?	<input type="checkbox"/>	<input type="checkbox"/>	
Are the pads shaped before putting in their pants e.g. cupped?	<input type="checkbox"/>	<input type="checkbox"/>	
If patient is using the smaller light extra or light maxi pads, are they taking the sticky strip off and fixing properly?	<input type="checkbox"/>	<input type="checkbox"/>	

IS THERE ANY SKIN ISSUES			
QUESTION	YES	NO	COMMENTS
Has the patient got any skin problems?	<input type="checkbox"/>	<input type="checkbox"/>	
When did the skin problems start?			
How bad is the skin problem? If moderate to severe – advise them to see their GP			
Has the patient got the correct absorbency of pad?	<input type="checkbox"/>	<input type="checkbox"/>	
Does the skin feel wet when they take the pad off?	<input type="checkbox"/>	<input type="checkbox"/>	
Is the patient using any talcum or cream in this area?	<input type="checkbox"/>	<input type="checkbox"/>	
If light extra/maxi, is the strip against pants and not against skin?	<input type="checkbox"/>	<input type="checkbox"/>	
ISSUE REMAINS UNRESOLVED - SOC			
QUESTION	YES	NO	COMMENTS
Check the fitting of the pad	<input type="checkbox"/>	<input type="checkbox"/>	
Check that the patient knows how to fit properly	<input type="checkbox"/>	<input type="checkbox"/>	
Slip pads required – always check waist measurement	<input type="checkbox"/>	<input type="checkbox"/>	
Check the pad is not covered in cream or talcum	<input type="checkbox"/>	<input type="checkbox"/>	
Look at underwear worn	<input type="checkbox"/>	<input type="checkbox"/>	
Measure the waist to check mesh pants are the correct size	<input type="checkbox"/>	<input type="checkbox"/>	
Wetness indicators – have they reached and maximum absorbency or not?	<input type="checkbox"/>	<input type="checkbox"/>	
Does the individual know how to use the pad indicators?	<input type="checkbox"/>	<input type="checkbox"/>	
If the skin is sore, examine it and report to trained nurse	<input type="checkbox"/>	<input type="checkbox"/>	
Give everyone verbal skin care and hygiene advice.	<input type="checkbox"/>	<input type="checkbox"/>	
Give them the leaflets (skin care and fitting)	<input type="checkbox"/>	<input type="checkbox"/>	

**Some things to consider:**

- Not fitting the pad correctly - usually putting the pad in 'flat' or putting it in pants and pulling the lot up together. The pad needs to be put in between the legs cupped.
- Pants not holding the pad intimately to the perineal area as they are too big, elasticity has gone, or indeed the wrong type of pants

**If the pad looks as if the pulp has clumped together?**

Check to see if the pad has been shaken prior to fitting

Advise patient to remove pad from packaging and gently open up and fold lengthwise forming a cup/gully at the groin area

Wrong absorbency - **not too low but too high**. The pads are very thirsty and super absorbent polymers are greedy. When fluid goes into the pad they all want it if a high absorbency product does not receive the relevant amount of fluid over a time period relevant to the pad then it can start to dry out and break up due to heat pressure and movement

**In summary always check the following:**

- Correct fitting of the pad – always best to see for yourself where possible. As staff and patients always tell you they are doing it correctly.
- Correct absorbency
- Correct size and style of fixation pants or underwear
- Correct storage - you would be surprised. Has the pad been stored in a moist or very warm environment prior to applications? (Pads can absorb moisture from the air and pads can also dry out)
- Ensure pads are not shaken prior to fitting as this can damage the pads leading to problems with clumping and leakage. Always remember it could be that they are too absorbent too.
- Close fitting underwear/fixation pants should always be worn with Form Products even when in bed.
- Ensure correct size of comfort supers as there are patients and staff who will insist on a larger size or sizes than the one that suits their waist measurement.
- Check pad is being wore in the correct direction and not back to front
- If patient is wearing a pad with a sticky strip, check that this is against pants and not skin
- If cream has been used – it has been applied sparingly
- No talcum
- Wetness indicators – have they reached the maximum absorbency or not? Always remember it could be that they are too absorbent too.