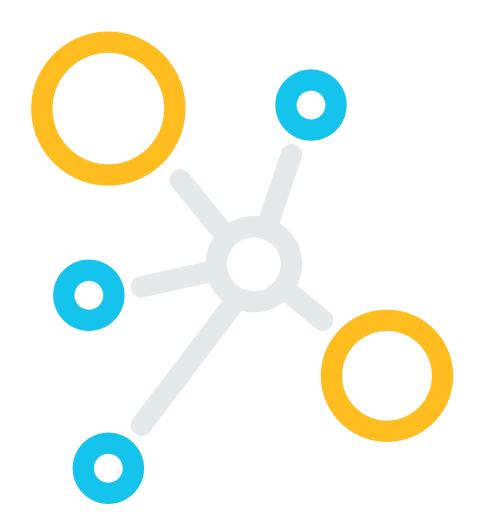
Adult Mental Health Improvement Policy Landscape





A resource to support the planning and delivery of adult mental health improvement activity in Greater Glasgow and Clyde. Underpinned by the evidence-based Greater Glasgow and Clyde Healthy Minds Adult Mental Health Improvement Framework, it illustrates recommendations and links to key mental health policy drivers.

Frequently Asked Questions

We've put together some commonly asked questions to give you more information about the policy landscape. If you have a question that you can't find an answer to please contact ggc.mhead@nhs.scot

1. What is the adult mental health improvement policy landscape?

Adult mental health is a national priority area as evidenced by the numerous national strategy documents published over recent years. Navigating and keeping abreast of the national policy picture, however, can be overwhelming for practitioners, teams, and organisations. The policy landscape resource is a simple planning tool to help support the delivery of adult mental health improvement activity. It is underpinned by the evidence-based <u>Greater Glasgow and Clyde Adult Mental Health Improvement Prevention and Early Intervention Framework</u>, a framework that illustrates the factors required for the promotion of good mental health for adults. The framework has been mapped against some of the key adult mental health national policy documents and illustrates how the themes of the framework correlate with the recommendations outlined in each of the policies.

2. Does the planning tool include all policies relevant to adult mental health?

No. There are an abundance of policies that link to adult mental health but the planning tool only includes some of the key policy drivers. These include; A Refresh of the Strategy for Mental Health Services in Greater Glasgow & Clyde: 2023 – 2028, the Scottish Government Mental Health and Wellbeing Strategy, Creating Hope Together Scotland's Suicide Prevention Strategy 2022-2032, Scotland's Self-harm Strategy and Action Plan 2023 to 2027. All are hyperlinked to take you directly to the strategy for further information.

3. Who is it for?

The resource can be used by individuals and teams from both statutory and non-statutory organisations who have a remit for adult mental health.

4. How can it be used?

The resource can be used to:

- Map adult mental health improvement activity against policy recommendations. This can show teams and organisations where they are translating national policy into local actions.
- Identify gaps in provision and areas for improvement to support adult mental health activity planning.

5. What are the benefits of using the policy landscape?

- Gives an overview of how your adult mental health improvement activity links to national priorities and recommendations. This information can help support funding applications and organisational reports.
- Highlights where strengths lie and can identify gaps. This can help plan work and prioritise the allocation of resources.



