

Theme	You Said	We Did / Will Do
Location and Accessibility	Staff would like more classes in local workplaces and community settings, reducing the need to travel to larger hospital sites.	Introducing new class at Parkhead Hub and are exploring opportunities at Kirkintilloch HCC. Additional provision at IRH and RAH is being considered based on demand and instructor availability. We held an outdoor bootcamp at Clydebank HCC but had poor attendance.
Timetable and Flexibility	Class times do not always suit varied working patterns, caring responsibilities and personal commitments.	Introduced Sunday Pilates. Continue to explore opportunities for a broader range of class times, while balancing venue availability and demand. We have no secure site to host recorded sessions that all staff would be able to access. We signpost to appropriate partner organisations.
Awareness and Communication	Staff would like clearer information about available activities and more promotion of local opportunities.	Increased promotion through the Active Staff mailing list, site-specific communications, speaking at events, information stands, and workplace posters and flyers. In addition, Facilities & Estates promote via their webpage monthly newsletter
Booking and Digital Experience	Booking processes can be challenging, and some participants have experienced issues with online access and class administration.	Continue to support participants experiencing technical issues and will introduce Microsoft Teams Webinars to improve the online experience. Booking system has reached its limitations.
Range of Activities and Inclusivity	Staff would like a wider variety of activities, including local face-to-face classes, walking challenges, relaxation activities and options suitable for different abilities and fitness levels.	Increased from 18 to 24 sessions. Introduced: Online SOMA Breath, Pilates (GGH) Starting soon: Online Tai Ji Qigong Walking challenges continue to provide a flexible alternative to scheduled classes. Instructors are encouraged to adapt activities to different ability levels.