

# Anticipatory Care Planning Programme

## #StartTheConversation

October 2023



### Future Care Planning: ACP Focus On...

As you know, teams across GGC have been auditing a selection of completed ACP's in each HSCP. The results have been really positive - thank you to everyone involved. It's also been a great learning opportunity and we've identified a few areas that need a bit more clarification:

#### Family Understanding

Good to involve where possible with a simple sentence such as "the family have been involved in these discussions and are happy with the plan" under special notes section.



#### Power of Attorney

ACP goes hand in hand with Power of Attorney and will include the decisions the person has made - record all POA details or if not in place, a note under special notes to state it's been discussed.



#### Treatment Escalation

Think about framing questions around the most common deterioration situations where people are most often unnecessarily admitted to hospital. What are their views on going to hospital or do they wish to stay at home and be treated?

#### Communication Needs

Note these in the 'special notes' section of the ACP. Does someone need prompts or aids to fully participate in decision about their future care and treatment? Or someone to support them? This is good to know in an emergency situation.

## to absent friends ...

### A Festival of story-telling to remember those who have died

As part of this year's festival we have a wonderful speaker, Xani Byrne, who we be helping us explore the theme of bereavement through suicide, having lost his own sister in 2022. He will be sharing his story of 88 days on a tandem around the British Coastline, meeting new people each day affected by suicide. This is an online event taking place on **Wednesday 8th November 6.30-8.00pm**. You can find more information about other Festival Events taking place [on our webpages](#) as well as register for the event with Xani.

## Top Tips • Top News

### "Future Care Planning"

We have always believed that Anticipatory Care Planning should not just involve conversations about end of life care.

Instead, it should be something we all talk about, reflecting how we can live our best life at any age and stage.

Therefore we are delighted to see that Scottish Government are also taking steps to widen the scope of these discussions.

Part of this work involved moving away from the words "Anticipatory Care Planning" and instead using "Future Care Planning". [You can read our full statement about this change on our webpages.](#)





# Top Training

## Lunch and Learn ACP Walkthrough

Learn to create and update the ACP document on Clinical Portal. These sessions are open to all staff across health and social care.

- Thursday 16.11.23, 12.30pm



30 minute session on MS Teams

**NEW**

## Lunch and Learn Rockwood Clinical Frailty Scale

During this session we will give an introduction to the CFS, examples of people at different points on the scale and discuss how the CFS can be recorded as part of the ACP Summary.

- Wednesday 15.11.23, 12 noon



45 minute session on MS Teams

click dates to book



open to all!

## ACP Communication Skills

ACP is key to providing good person centred care, and sharing this information between services ensures that the right decisions can be made. Everyone has a role to play in helping to have and record these conversations.

- Wednesday 06.12.23, 10.00am



2.5 hour session on MS Teams

**For information on all training and future dates, keep checking the ACP Website: [Training Hub](#)**



## Try It Now!



## ACP e-module on Sway



We have updated our e-module and moved to a new platform - Microsoft Sway! We hope this helps to improve access for our colleagues across all sectors.

There will still be an opportunity to complete the assessment and receive a certificate.

Think. Talk. Plan.



Helping you plan for the future.

**Power of Attorney (POA)** is an important part of future care planning conversations and based on feedback from staff, an overview of what POA is and when it is implemented would be useful.

Watch this space for news on a **NEW POA Lunch and Learn**

