



We are really excited to launch a range of support guides to help everyone have better conversations. Using the word "DISCUSS" we have created a handy way to remember all the things we can talk about as part of future planning conversations.

There are 3 different guides - one for people needing to think about their own future, one for people supporting family and friends to do this, and one for staff.

Check out our website for copies!

We're Launching...

**New Guides for
Staff and the Public**

ACP Guides

We're supporting...

**Winter
Planning**

Winter planning is now in full swing across the Health Board. We know that services are likely to be facing lots of pressure over the next few months. By encouraging people to have ACP conversations early we can record their preferences on our systems which will help us to make decisions in an emergency.

**Winter Planning
Toolkit**

New guides are available via our website which have details on how services can ensure they are prepared for winter.

Not sure what actually goes in an ACP?
Check out our library of examples!

We have worked with colleagues across many different services to create a range of example documents to inspire people to think about what really matters to them. Currently, our library features Care Home Residents, people living with COPD, young adults, people at the end of life and carers.

Keep an eye out as our library grows!

We're highlighting...

**ACP Summary
Examples of Good
Practice**

ACP Summaries

Did you know?

The ACP Summary has been updated to make it easier to capture information. You can find the new version on our website along with a handy guide.

In October we are doing things a little differently as we know lots of staff might be at home isolating...

We have added lots of extra dates for our **ACP Communication Skills training**, with last-minute bookings welcome. If you find yourself isolating check our website or Twitter to see if there is a session you can join.

And remember our **ACP eModule** can be accessed by staff via Learnpro or direct from our website at any time.



We're training...
Health and Social Care Staff at work and at home



ACP Training Hub

We're recruiting...
Anticipatory Care Planning Champions

ACP Champions



We are delighted to say that we currently have over 30 ACP Champions! These enthusiastic folk come from different services and backgrounds but all share a passion for person-centered care and good future planning!

We are looking forward to working with each of them as they help to support their colleagues have better conversations.

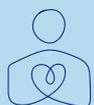
Interested? Check our website for more details on becoming a champion.



We're asking all NHSGGC staff to share your stories about ACP.

Have you supported someone to complete an ACP? How did it go?

We have a short template on our website which you can complete - we would like to use the information to produce a case study as guidance to support others.



We're asking...
For Your Stories of ACP Good Practice



ACP Story Template

NEW

Coming to your inbox soon... Our **ACP Standard Operating Procedure** - a step by step document outlining everything you need to know about ACP