

Anticipatory Care Planning Programme

#StartTheConversation

July 2023

Recordings of events will be on our website soon!

For **Carers Week** this year we partnered with Pushing Up The Daises, Caledonia Funeral Aid, Social Security Scotland and our Person-Centred Care Team to host a range of sessions from ACPs to caring for yourself following the death of a significant person, all the while highlight the the important contribution Unpaid Carers make to services.

Demystifying Death Week 2023 kept us busy this year! We hosted 27 sessions and partnered with some incredible colleagues and organisations. In total we had **412** households join us to chat about these important topics!

FANTASTIC NEWS... we are thrilled to receive an award for our work around care planning as part of Demystifying Death Week - we're so proud! Thank you to **Good Life Good Death Good Grief** for recognising the work we do.



we're thrilled!



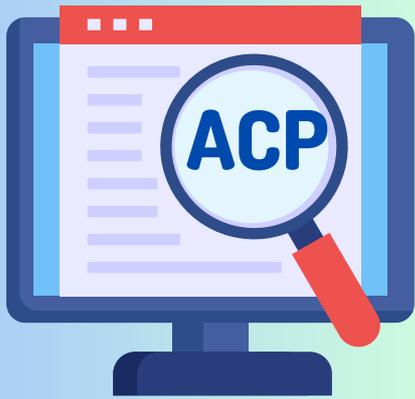
EASE  **END OF LIFE SKILLS FOR EVERYONE**

We've been delighted to the response for this course - both September and November courses are fully booked, here's how participants from Cohort 1 felt...

Hopeful
Surprised Accepted
Sad Included Grief
Fear Fortunate Curious
Thoughtful
Pleased Scared Compassion
Safe Thankful Happy
Peaceful Satisfied Vulnerable
Worried Heard
Looked After



We've asked you to audit ACPs



We are currently in the process of auditing our ACP Summaries. So far it looks like most of our ACPs contain lots of information to help services work with people to make the right decisions at the right time.

CONGRATULATIONS TO EVERYONE - THERE ARE **3953** ACPs RECORDED ON OUR SYSTEM!

to absent friends ...

SMALL GRANTS SCHEME

A small grants fund has been set up to support organisations to put on remembrance events in Scotland as part of this year's **To Absent Friends** festival (1-7 November 2023), which will be the festival's 10th edition.

More information:
[Absent Friends Website](#)

ACP Communication Skills - 2.5 hour session - online MS Teams

- Monday 18th September 1.30pm-4.00pm
- Tuesday 24th October 1.30pm-4.00pm
- Wed 22nd November 10.00am-12.30pm

Lunch and Learn ACP on Clinical Portal - 1/2 hour session - online MS Teams

- Thursday 31 August 12.30pm-1.00pm
- Monday 18th September 1.30pm-4.00pm

ACP Refresher - 1 hour session - online MS Teams

- Thursday 7th September 10am-11.00am

End of Life Skills for Everyone - 5 week x 2 hour sessions - online MS Teams

- Starts 5th October 12.30-2pm
- Starts 6th November 6.30-8pm

If you would like to register for place on a future EASE Course

Both Fully Booked

[register here](#)

Lunch and Learn Clinical Frailty Score - 1/2 hour session - coming soon!

Sign up to our [Mailing List](#) for news on autumn dates.

Hospital Checklist

We are developing a hospital checklist to help people think about admissions and discharge. We will also be running "**Preparing for Hospital**" sessions which will be open to everyone.

what we've got planned

For information on all training, check out the [ACP Website Training Hub](#)

Twitter: [@NHSGGC_ACP](#)

Email: ACPSupport@ggc.scot.nhs.uk