



# #StartTheConversation

We've been busy running lots of events - read some of our fantastic feedback!

June 6 -12

Carers Week™

## Demystifying Death Week 2-6 May 2022

Demystifying death week is about shining a light on death, dying and bereavement in Scotland. We thought this was the perfect campaign to launch a series of workshops to encourage people to talk more openly about these topics. Throughout the week we held **13 events** ranging from:

- Conversations Skills
- The Dying Process
- Wills
- What is Palliative Care?
- ACP and TEP
- Death Cafes
- ACP Introduction
- Future Planning
- Self-Care
- Preparing For Hospital
- Power of Attorney

Felt more confident to have a conversation about death, dying and bereavement.

82%

Would recommend to friends, family and colleagues.

98%

Would be interested in attending future events on these topics.

86%

Registrations

## Carers Week

is an annual campaign to raise awareness of caring and highlights the challenges unpaid carers face. Building on the success of DDW, we repeated some of our workshops which carers would find useful.

### What people said:

"It was very informative with lots of relevant information!"

"...my first step in admitting I was in a caring role. Its good to hear of others and what is out there."

"The conversation game got me thinking about my self and my family and how the conversations would look"

"Hearing stories of others. Puts some perspective on things."

## Seasons of Change spring 2022

Whilst death and dying is a natural part of life, during the past two years it is likely that many more people have been touched by experiences which may have triggered feelings associated with loss and change. These sessions hoped to offer staff a space to reflect on their personal experience of loss, grief and bereavement.

### What people enjoyed most:

- The peaceful and calm tone of the session
- The capacitor (finger hold) exercise
- The visuals and the peaceful background music throughout the session
- Advice and signposting for staff requiring help
- The opportunity to reflect and process feelings
- The ease of access and anonymity
- The length of session, and being on repeat
- The lunch time slot
- The fact that it was available



## ACP Champions

Following our successful Champions event in March 2022, we are excited to continue to provide opportunities for Champions to get together to learn and share good practice.

Our Champions seem keen to be involved in a range of activities including training and quality improvement so we will be looking at different ways to support our Champions to develop the skills they need.

## ACP Summary Update

We are excited to announce that an update to the ACP Summary will be happening shortly. We hope these changes will make the form more user-friendly. Full guidance will be available once the update has occurred.

## ACP Recording

We are excited to be working with eHealth colleagues in order to get up to date reports on the volume of ACP Summaries being completed across GGC. We hope this will give staff a chance to celebrate all the hard work that has taken place to increase this number over the past 2 years.

## ACP Quality Assurance

We are hoping to begin the process of auditing the quality of our ACP Summaries. This will involve local audit teams reviewing their current casefiles and using a new audit tool which has been developed. We hope this work will enable teams to reflect on the work that has been happening and identify areas of improvement.

## NEW TRAINING DEVELOPMENTS

soon

### Having Conversations That Matter

Gain tools and tips for important conversations with your patients, carers/families. and colleagues.

#### Lunch and Learn

Not sure how to record ACP on Clinical Portal? What about tracking the ACP journey? The perfect quick lunch time session for you.

#### Human Library

1:1 ACP conversation skills practice based on scenarios around important conversations.

## ACP CORE TRAINING

now

Do you know we currently have 4 offers of ACP Awareness and Training:

- 15-20 min intro to ACP (meeting topic)
- General awareness for staff and community groups (1 hr)
- ACP Refresher for staff to update knowledge (1 hr)
- ACP Communication Skills for staff engaging in ACP conversations and ACP recording (2+ hrs)

## ACP Training Hub

We are delighted to report that :

- over **1000** people have completed our Online ACP eModule
- over **650** people have participated in our Virtual ACP Communications Skills and
- over **300** people have taken part in an ACP Refresher or Introduction ACP sessions.

If you are interested in finding out **more about ACP training** for your team - **contact the email below.**



Twitter: @NHSGGC\_ACP

Email: [ACPSupport@ggc.scot.nhs.uk](mailto:ACPSupport@ggc.scot.nhs.uk)

