



## Seasons of Change

Last month we launched our autumnal Seasons of Change session as part of To Absent Friends Week - you can now watch the recording in your own time.

## Poster Parade

This year we were delighted to take part in the **Scottish Partnership for Palliative Care** Poster Parade.

It was a fantastic opportunity to show case our work - one even got to the final!

Link to all below:

**Seasons of Change** An opportunity for staff to reflect on loss, grief and bereavement.

**Sharing is Caring** Ensuring high quality ACP information is accessible to all services.

**Taboo Busting** Creating a space to talk openly about death.

**ABC of ACP** An overview of ACP Training delivered through the ACP Programme.



## Resource update

### Winter Planning

We know that services are likely to be facing lots of pressure over the next couple of months. By encouraging people to have ACP conversations early we can record their preferences on our systems which will help us to make decisions in an emergency:

**Winter Toolkit**

### ACP e-Module

Check out our new IMPROVED ACP e-Module - make it top of your New Year to do list!

We believe it's still the best foundation module if you are new to ACP or looking for a re-refresh.

**e-module**

### ACP Documents

For most of us we should be recording ACP Conversations direct onto Clinical Portal, but if people ask to see what the form looks like you can download a copy of the **ACP Summary** here:

**Useful Documents**

**Remember:** We are no longer using the 'big green' booklets, the Summary should be easier for everyone.

# ACP: Working Behind the Scenes

## ACP HSCP Locality Groups

For the past year we have been working with local ACP groups to help drive forward work in each of our HSCPs. These have been great spaces to hear from those on the front line and identify challenges they face. We can tell that these groups are having a great impact as the number of ACPs across all areas increase.

## ACP Care Home Sub Group

We have begun work to try out some new ways to share Care Homes ACPs with other parts of the Health and Social Care system.

## ACP Secondary Care Sub Group

We are delighted to have joined forces with the Realistic Medicine Team to get ACPs embedded into Secondary Care. If you are interested in incorporating ACPs into your own area then please get in touch!

## ACP Hospice Sub Group

In 2023 we hope to work with our Hospice colleagues to smooth the process of information sharing so that everyone understands what is important to people.

## ACP: The Numbers

Staff Trained  
**727**

Clinical Portal ACPs  
**2574**

ACP Champions  
**102**

e-modules complete  
**1334**

## Highly Recommended Training for all Health and Social Care Staff

**1 EC4H: Realistic Conversations: Anticipatory Care Planning Webinar**  
Date: 18 Jan 2023  
Time: 19:00 - 20:00

**2 Palliative Care Team: SAGE & THYME: Communication Skills Workshops 2023 - various**

**3 ACP Team: Various ACP themed training and events 2023**  
Various dates/times

from the ACP Team  
**HAPPY NEW YEAR!**

## Preparing for Hospital Checklist

There are lots of documents we can complete now which might help us if we end up in hospital in the future.

This includes things like getting Power of Attorney sorted and also helping to make plans in case our friends or family are not able to support us. In 2023 we hope to launch a checklist so that everyone can be as prepared as possible. For a sneak peak

visit our carers pages and watch our "Preparing for Hospital" recorded session.  
[www.nhsggc.scot/your-health/planning-for-care/supporting-someone-who-is-in-hospital/](http://www.nhsggc.scot/your-health/planning-for-care/supporting-someone-who-is-in-hospital/)