

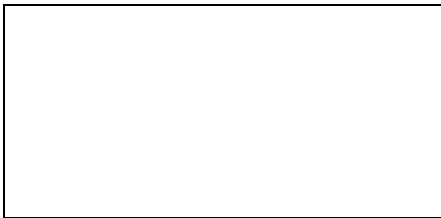
John Smith
 010119501111
 20 John Street
 Greentown
 PA16 7AA

CARE PLAN



Care discussed with patient – YES	IF UNABLE, GIVE REASON
Care discussed with family - YES/NO/Unable	IF UNABLE ,GIVE REASON not required as discussed with John

Date commenced and signature	1. Breathing and circulation	Date discontinued and signature	Date commenced and signature	Getting to know me/ what matters to me	Date discontinued and signature
7/12/22	No issues		7/12/22	I cannot sleep without my teddy bear	
Heather Hodgson					
	2,3. Communication and senses			4. Cognitive status	
7/12/22	I wear glasses all the time		7/12/22	No issues	
Heather Hodgson	I wear a hearing aid in my left ear				



CARE PLAN



Date commenced and signature	5. Hydration and nutrition	Date discontinued	Date commenced and	7. Personal hygiene, oral care and skin care	Date discontinued and
2/12/22	I do not like fish and I know that I need to drink lots of fluid. I can do this without help		2/12/22	I shower independently with my own shower gel as I have sensitive skin. I brush my own teeth	
Heather Hodgson			Heather Hodgson		
			4/12/22	I am aware that my heels are red and require to be repositioned 2 hourly and wear foot protection. I will be seen by a podiatrist.	
			Heather Hodgson		
			5/12/22	I do not like the boots and agree to having a pillow in place to lift heels	
			Heather Hodgson		
			6/12/22	I have a wound (G2 PU) on my left heel as per wound chart.	
			Heather Hodgson		
	6. Elimination				
2/12/22	My bowels move daily in the morning				
Heather Hodgson					

Patient Label

CARE PLAN

Date commenced and signature	8. Mobility	Date discontinued and signature	Date commenced and signature	9. Maintaining a safe environment	Date discontinued and signature
2/12/22	I am independent with moving using my zimmer		2/12/22	I use my zimmer but am safe when moving.	
Heather Hodgson			Heather Hodgson		

Patient Label

--	--	--	--	--	--

CARE PLAN

Date commenced and signature	10. Sleep and rest	Date discontinued and signature	Date commenced and signature	12. Privacy, dignity and sexuality	Date discontinued and signature
------------------------------	---------------------------	---------------------------------	------------------------------	---	---------------------------------

2/12/22	I sleep for eight hours from 10pm till 6am but I need my teddy bear to allow me to sleep		2/12/22	I do not like to be dressed in a hospital gown. I prefer jogging trousers and clean t-shirt every day.	
Heather Hodgson			Heather Hodgson		
				Negotiated care – Please record any planned involvement of patient/family in the delivery of care	